

# CU Nursing 360

## Highlights & Updates | Issue 18 October 2021

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



### Pass-it-on Ceremony 2021



Date: 26 Oct 2021 (Tuesday)  
Time: 9:30 a.m. – 12:15 p.m.  
Venue: Chung Chi College Chapel, CUHK  
Mode: Face-to-face

This year, we will have 218 Bachelor of Nursing & 80 Master of Nursing Science (Pre-registration) Year 1 students joining the ceremony!

### Orientation Series - Welcome New Students!



### Welcome Back to the Campus!

Dear friends, colleagues, students, and alumni,

With the stabilising COVID-19 epidemic situation in Hong Kong, our University decided to resume face-to-face teaching starting from this semester. I am so excited to see the CUHK campus livening up again, with students returning to the campus to enjoy their long-awaited university life with their peers and friends!

For this academic year, there are over 500 new students admitting to our various undergraduate, postgraduate and professional programmes. To help the freshmen better understand our School, the University and their study programmes, a series of orientation activities were organised in the past two months. Through these activities, they met the teaching team, built friendship with classmates, and familiarised themselves with the campus where they are expected to spend most of their time together in the coming years!

Later this month, we will also organise the annual Pass-it-on Ceremony in a face-to-face mode. A total of 298 pre-registration nursing freshmen will attend the ceremony to formally embark on their nursing journey and reaffirm their commitment to follow the steps of nursing predecessors to save lives and serve patients, thus helping them to develop a sense of belonging to the profession right from the start of their nursing journey.

As the proverb says, 'a good beginning is halfway to success'. I would like to urge our students, in particular the freshmen, to set both short-term and long-term goals for their studies at the beginning of the academic year. Besides, university study is a wonderful journey for exploration and discovery. Students are strongly encouraged to open their minds to possibilities even if they seem impossible, and learn to appreciate differences and embrace diversity, so as to make their study years at the School fulfilling and rewarding with memories worth a lifetime.

Surely our students are not alone on their nursing journey. We are always here to offer support and guidance to the students in their academic, professional and personal pursuits. I am glad that at CUHK Nursing, we have been able to create a caring, supportive and dynamic environment facilitating students to learn, to grow, and to develop their full potential.

Chien Wai Tong  
Director and Professor



### Congratulations to...



- ❖ Prof. Helen Chan for being inducted as Fellow of the American Academy of Nursing in Oct for her outstanding academic achievements and contributions to nursing education and research! She is the only inductee from Hong Kong in 2021.

- ❖ Prof. Carmen Chan for successfully delivering her inaugural lecture for Alice Ho Miu Ling Nethersole Charity Foundation Professorship in Nursing, themed 'When someone dies in a hospital', on 26 Aug. Click [here](#) to view the lecture video.



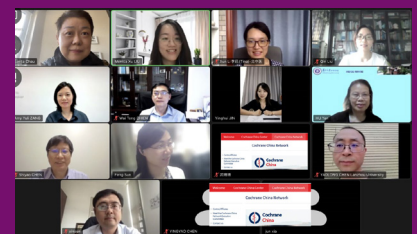
# New Research Grants Awarded (Grant Total: >HK\$3.95 Million)

Funding Source	Key Investigator	Project Title	Project Period
Health and Medical Research Fund	Jojo Wong (Assistant Professor)	Effects of immersive virtual reality for alleviating anxiety, nausea and vomiting among paediatric cancer patients receiving their first chemotherapy: A randomised controlled trial	2022 – 2025
<i>“Anxiety, nausea and vomiting are common side effects in paediatric cancer patients receiving chemotherapy. Emerging evidence supports the effectiveness of immersive virtual reality (IVR) in improving anxiety and distressing symptoms (including nausea and vomiting) in this vulnerable group. This trial aims to evaluate the effects of IVR intervention on anxiety, chemotherapy-induced nausea and vomiting, and anticipatory nausea and vomiting in paediatric cancer patients receiving first chemotherapy.”</i>			
Research Institute for Smart Ageing, The Hong Kong Polytechnic University	Chien Wai Tong (Director and Professor)	Quantification of brain age by functional MRI data: Complexity and functional connectivity	2021 – 2023
<i>“This project aims to 1) construct, as a proof of principle, models of brain age based on the complexity of the BOLD signals and the brain’s functional connectivity, using large public datasets such as the Alzheimer’s Disease (AD) Neuroimaging Initiative or Human Connectome Project; 2) collect longitudinal resting-state and memory-related fMRI data locally from individuals across the adult lifespan, for constructing brain age models dedicated to local populations and for evaluating its predictive power for prospective brain changes; and 3) translate the brain age models to clinical populations, including AD and insomnia disorder.”</i>			
Teaching Development and Language Enhancement Grant (TDLEG) for 2019-22 Triennium	Sally Lo (Professional Consultant)	Community service partnerships: A coordinated service-learning for gerontology students	2021 – 2022
<i>“Gerontology students referred by our community partners will have the opportunity to interact with caregiver-care recipient dyads for a year-long engagement with scheduled activities in groups of two. Specifically, this project aims to promote social engagement of local communities, and to provide students with opportunities to learn from and interact with older adults.”</i>			
Funding Scheme for Engaging Postgraduate Students in Teaching and Teaching Development (supported by TDLEG 2019-22)	Helen Chan (Associate Professor)	Passing the torch: Professional development for PhD students and undergraduates in nursing	2021 – 2022
<i>“This project aims to engage selected PhD students in supervising undergraduates to develop their research interest and skills, partnering with our faculty members. The shadowing experience would enable our postgraduates to develop and strengthen their research and coaching skills through teaching, and increase the research impacts as a whole.”</i>			
Grant Scheme for Internationalisation of Curriculum (supported by TDLEG 2019-22)	Helen Chan (Associate Professor)	Internationalisation of the curriculum for advancing nursing practice	2021 – 2022
<i>“The newly developed curriculum aligns the Doctor of Nursing Programme with the international trend of advanced nursing practice. It aims to enhance our students’ professional autonomy in addressing the complex care needs of older adults and people with chronic conditions in primary healthcare.”</i>			
Wofoo Foundation	Helen Chan (Associate Professor)	Personalised health coaching for family caregivers	2021 – 2023
<i>“This project aims to promote the wellbeing of family caregivers by identifying the risk factors of cardio-metabolic and mental health disorders, as well as motivating lifestyle and behavioural changes through personalised health coaching. It will help to shift the healthcare focus from cure-oriented to prevention-oriented, and heighten the community’s awareness of primary healthcare.”</i>			
Wofoo Foundation	Helen Chan (Associate Professor)	Self-supporting care model in long-term care setting: Participatory action research	2021 – 2023
<i>“This study aims to examine the implementation process and outcome of the ‘self-supporting care model’ in two local care homes. The objectives are to assess the model’s feasibility, explore the facilitators and barriers to its implementation, and evaluate its effects on residents and staff.”</i>			

## Cochrane Hong Kong > Updates

Cochrane Hong Kong continues to collaborate with the Hospital Authority to promote evidence-based healthcare practice in Hong Kong. We are currently in the final stage of a multi-centred empirical study to evaluate the diagnostic accuracy of capnography in verifying nasogastric tube placement in hospital and community settings. Several evidence-based practice projects will also be initiated in response to the demand for the most up-to-date practical evidence.

Prof. Chien Wai Tong and Prof. Janita Chau have maintained a continuous dialogue with the Cochrane’s Knowledge Translation Team and Cochrane US Network about the future of Cochrane Nursing Field. Management and steering committees will be set up to plan for the development of the Field, which will be jointly led by Prof. Chau and Prof. Dru Riddle, Co-Chair of Cochrane US Network. The primary aims of the Field are to facilitate the active dissemination of evidence related to nursing practice, and to support nursing professionals in accessing and integrating Cochrane evidence in their policy and practice decision making.



Meanwhile, Cochrane Hong Kong will continue leading to advance the development of Cochrane China Network. Prof. Chien Wai Tong, along with Prof. Chen Yingyao from Fudan University and Prof. Jin Yinghui from Wuhan University, will take over as Co-Chairs of the Executive Committee.

To support clinicians in making effective healthcare decisions, Cochrane Hong Kong has translated the abstracts and plain language summaries of eight Cochrane reviews, including the latest review on ‘Remdesivir for the treatment of COVID-19’, which is now available on the [Cochrane Hong Kong website](#). We have also published 26 abstracts and plain language summaries in simplified Chinese, and three plain language summaries in traditional Chinese; all of which will be uploaded to the [Cochrane China website](#) upon approval by Cochrane Headquarter.