

CU Nursing 360

Highlights & Updates | Issue 14 February 2021

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



- ❖ **>20** aged homes & community centres participated in the event
- ❖ **>4,500** participants joined the event, including
 - **>3,000** participants joined health talks & telehealth counselling for elders
 - **>1,500** participants joined group health exercises, health games for elders, family fun games & workouts, handcraft workshops & other activities



Caring for Elders and our Community

Dear friends, colleagues, students, and alumni,

On 30 Jan, our School organised the 'Community Caring Day cum CUHK Nethersole School of Nursing Alumni Carnival cum 30th Anniversary Kick-off Ceremony', and overwhelmingly attracted over 4,500 participants, including older adults, alumni and their families, and the general public, to join our well-prepared physical, musical, educational, and artistic activities. Under the pandemic, the majority of the activities were conducted **via Zoom**. I am grateful to see that our participants enjoyed very much a fun-filled day with enriched health knowledge and happy memories.

Taking this opportunity, I would like to sincerely thank the Alice Ho Miu Ling Nethersole Charity Foundation for sponsoring the event. My heartfelt thanks also go to our officiating guests, performers, alumni, and students, as well as all our organising committee members, for working together to bring the first 30th Anniversary celebratory event to such a great success!

The event has attained remarkable and impressive achievements, particularly in:

- mobilising our alumni and students, and community assets, including many aged homes and community centres, to promote compassionate aged care;
- empowering participants with essential and important knowledge and skills to achieve healthy and successful ageing; and
- promoting and facilitating intergenerational support and solidarity in our ageing society.

What's more, the event has reinforced our School's mission of 'Serving the Community with Compassion', and strengthened our alumni's and students' passions to contribute their expertise in promoting health and well-being for the aged, the weak and disadvantaged, the youth and adults, and beyond.

This event kicked start the year-long celebrations for the School's 30th Anniversary in 2021. Please stay tuned for more updates on our anniversary activities!

Wishing you all good health, happiness and success in the Year of the Ox!

Wai Tong Chien
Director and Professor



Event Snapshots



7th Pan-Pacific Nursing Conference

(Pre-conference workshops: 26-27 May Conference: 28-29 May)

Theme: From Evidence to Impact: Co-designing Care for Future
Online registration: <http://7thpanpacificconf.nur.cuhk.edu.hk>

You are cordially invited to the conference!

New Research Grants Awarded (Grant Total: >HK\$1.5 Million)

Funding Source	Principal Investigator	Project Title	Project Period
Pneumoconiosis Compensation Fund Board Research Fund	Ho Yu Cheng (Assistant Professor)	Influence of cognitive function and skeletal muscle mass and strength on disability among people with silicosis	2021 – 2022
<p><i>“With ageing, cognitive decline and skeletal muscle dysfunction could further exacerbate the disability of people with silicosis. This cross-sectional cohort study will compare the prevalence and risk factors of cognitive impairment and skeletal muscle dysfunction among middle-aged and older adults with/without silicosis, and examine the association between these conditions and disability. Findings will inform the focus of rehabilitation programme for individuals with silicosis.”</i></p>			
Public Policy Research Funding Scheme	Marques Ng (Research Assistant Professor)	Identifying social capital for family caregiving in chronic organ failure: A concept mapping study	2021 – 2022
<p><i>“Providing care for family members with chronic organ failure can be a demanding challenge. In addition to conventional support services, social capital may become a sustainable resource for family caregivers to fulfil their social roles. This study aims to explore different forms of social capital to support family caregivers from the viewpoints of stakeholders, so as to facilitate the development of relevant policies.”</i></p>			
Association of Hong Kong Nursing Staff Professional Development Fund	Dorothy Chan (Assistant Professor)	Cultural adaptation of the Younger Women’s Wellness After Cancer Programme (YWWACP) for younger Chinese women with breast cancer: A pilot randomised controlled trial	2021 – 2022
<p><i>“This study is culturally adapted from the Younger Women’s Wellness After Cancer Programme (YWWACP) in Australia. It aims to evaluate the preliminary effects of the programme on improving health-related quality of life, distress, sexual function, menopausal symptoms, anthropometry, dietary intake, physical activity, sleep, and tobacco and alcohol use among younger Chinese women with breast cancer.”</i></p>			
Association of Hong Kong Nursing Staff Professional Development Fund	Pinky Lee (Lecturer)	Translation and validation of a survey to assess the health beliefs regarding Human Papillomavirus vaccination among South Asian women in Hong Kong	2021 – 2022
<p><i>“Human papillomavirus (HPV) vaccination is an effective preventive measure for cervical cancer. A non-experimental, descriptive and correlational study will be conducted to translate a survey that measures the health beliefs regarding HPV vaccination among South Asian mothers in Hong Kong, and to evaluate the psychometric properties of this survey. The result will inform the formulation of policies to improve the vaccination uptake.”</i></p>			

New Awards Received

- ❖ The School received the Social Capital Builder Logo Award from the Labour and Welfare Bureau, and the City Partnership Scheme Sticker from the Jockey Club Age-friendly City Partnership Scheme 2020.



- ❖ Prof. Helen Chan and PhD in Nursing Year 2 students Lily Liu and Emma Zhao received the Outstanding Paper Presentation Award in the 27th Annual Congress of Gerontology.



- ❖ PhD in Nursing Year 2 student Lily Liu received the CUHK 2020 Outstanding Students Award.



Cochrane Hong Kong > Updates



[Cochrane China Network](#) held its official [Launch Meeting](#) on 21 January 2021 and post-meeting workshops on 22 January 2021 in a virtual mode. The Network comprises leading institutions with expertise in research and practice from eight cities across the country. The Launch Meeting successfully attracted 6,697 participants from Australia, mainland China, Hong Kong, Japan, Macau, the Philippines, Singapore, UK and USA; and provided an international multidisciplinary platform for global Cochrane community members to discuss future directions and strategies of Cochrane China Network in promoting evidence-

informed health care decision-making in China and nearby regions. In addition, the post-meeting workshops attracted 5,745 participants and enriched their knowledge on guideline development, implementation strategies, rapid reviews, and the advances in evidence synthesis methodology.

[Cochrane Hong Kong](#) initiated an [online survey](#) entitled ‘Needs Assessment and Expectations of the Cochrane China Network: A Multicentre Study’ to understand the experience of stakeholders, including health care professionals, managers, policy makers, researchers, and academics, on the use of research evidence; and to identify their needs and expectations in evidence-based practice and policy decision-making in mainland China and Hong Kong. Responses were collected through the centre/affiliates of the Cochrane China Network. A total of 901 responses were received from 28 provinces/regions in China between 8 December 2020 and 15 January 2021, of which about 600 were obtained by Cochrane Hong Kong. The findings of the survey were presented during the Cochrane China Network Launch Meeting and identified the priority areas of work for the Network.

