

CU Nursing 360

Highlights & Updates | Issue 17 August 2021

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



Welcoming address by Mr. Wilson Mok, Vice-Chairman, Board of Governors of the Alice Ho Miu Ling Nethersole Charity Foundation

Congrats, Class of 2021 Graduates!

Dear friends, colleagues, students, and alumni,

This year's Joint Graduation Ceremony for Bachelor of Nursing (BNurs), Master of Nursing Science (Pre-registration) (MNSP), and Bachelor of Science in Gerontology (BScG) programmes was successfully held on 7 July, with a total of 343 graduates including 246 BNurs, 72 MNSP and 25 BScG graduates.



Due to the pandemic, the ceremony was conducted in a hybrid mode. Taking this opportunity, I would like to express my sincerest thanks to the Nethersole Institute of Continuing Holistic Health Education for co-organising the ceremony with us; and to all our guests, families and friends of the graduates, and our staff and students for joining the ceremony either on-site or online via Zoom to celebrate this special and memorable moment with our graduates!

During the ceremony, 46 awards and certificates were presented to our top-performing graduates to recognise their outstanding academic and clinical performance, and their devotion in serving the School and their fellow classmates.

I am glad that CUHK Nursing graduates are always highly sought after because of their strong dedication and professional excellence. With so many alumni as good role models, I would like to encourage our fresh graduates to always hold on to their passion for nursing or aged care, and uphold the highest ethical and practice standards in serving patients, the aged, and the community at large. They are also strongly encouraged to seize every opportunity to learn and experience, and to remain steadfast in the pursuit of what is good, true and beautiful. I am eager to witness their growth to become nursing or aged care leaders making significant contributions to healthcare development in Hong Kong and beyond.

In view of the stabilising COVID-19 situation in Hong Kong, our University plans to resume face-to-face teaching in the coming academic year. Hopefully, our students will be able to enjoy university life at campus with their peers and friends, and to acquire new knowledge and skills through a wide range of teaching and learning activities, both on-site and online.

While our students are expecting an exciting and fruitful study year ahead, I wish our graduates a bright future and every one of you a safe and productive summer break!

Chien Wai Tong
Director and Professor

Happy Moments...



2021 Viva Exam

This year's viva exam for PhD in Nursing and Doctor of Nursing (DNurs) students was held from 7 to 23 June, with a total of 11 PhD and 5 DNurs students successfully passing the exam – Congratulations!



New Research Grants Awarded (Grant Total: >HK\$3.38 Million)

Funding Source	Key Investigator	Project Title	Project Period
General Research Fund	Suzanne Lo (Assistant Professor)	Improving work ability of young adults with stroke through personal resource building and inclusive volunteering: A randomised controlled trial	2022 – 2024
“This project aims to investigate the effectiveness of a personal resource building and inclusive volunteering intervention on improving the work ability of young stroke survivors.”			
General Research Fund	Cheng Ho Yu (Assistant Professor)	FoStering psychosocial wellbeing of family caregivers of stroke survivors using Emotion-centered, problem-solving approach (SoLVE): A randomised controlled trial	2022 – 2024
“More than 40% of stroke caregivers develop depressive symptoms. This study makes the first attempt to develop and examine the effectiveness of an emotion-centered problem-solving intervention in the stroke caregiving context. The findings will advance our understanding of emotional regulation and problem-solving coping strategies for reducing the depressive symptoms of stroke caregivers, ultimately providing a culturally sensitive medical-social service direction for the delivery of community-based rehabilitation services to stroke families.”			
Early Career Scheme	Connie Chong (Assistant Professor)	Effectiveness of Prosocial-orientated Acceptance and Commitment Training (PACT) programme for parents of children with special health care needs in response to outbreaks of novel infectious disease: A randomised controlled trial	2022 – 2024
“This randomised controlled trial aims to determine the efficacy of a smartphone-based Prosocial-orientated Acceptance and Commitment Training (PACT) programme for parents of children with special healthcare needs. By fostering the psychological flexibility and prosociality of parents, we hope the mental health outcomes of parent-child dyads could be improved when facing the challenges arising from the pandemic ahead.”			
Association of Hong Kong Nursing Staff Professional Development Fund	Ken Ho (Assistant Professor)	The development and validation of the Simulation-based Learning Immersion Questionnaire (SLIQ) for healthcare simulation	2021 – 2022
“This study aims to develop and validate the Simulation-based Learning Immersion Questionnaire (SLIQ) for healthcare simulation. The objectives are to generate subscale items of the SLIQ based on the Augmented Reality Immersion Questionnaire (ARIQ), and to validate the SLIQ in the context of healthcare simulation for nursing education.”			

Cochrane Hong Kong > Updates

Cochrane Hong Kong and Cochrane US Network have been discussing with the Knowledge Translation Team of Cochrane Central Executive in taking the leadership and coordination of Cochrane Nursing Field forward. In addition, our Co-Director Prof. Janita Chau, who is also the Co-Chair of Cochrane China Network, convened the second Executive Committee meeting of the Network on 20 July 2021. The meeting focused on discussing how to promote evidence translation and dissemination, with various training workshops to be held in line with such plans. A new column was added to the [Cochrane China Network website](#) to disseminate the latest translated abstracts and plain language summaries of Cochrane Reviews.

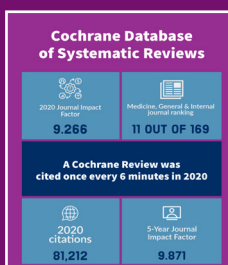
Cochrane Hong Kong has been working on several Cochrane Review updates. Recently, we have started a review update on ‘Multiple risk factor interventions for primary prevention of cardiovascular disease in low- and middle-income countries’ from Cochrane Heart Group. Our author team comprised clinical, methodological and statistical experts from Hong Kong, Singapore and Taiwan. Considering that cardiovascular diseases are still the leading causes of mortality globally and more than 75% of the related deaths take place in low- and middle-income countries, we have decided to update this important review which was first published in 2015.



managers, nurse consultants, advanced practice nurses and registered nurses from 43 local public hospitals.

We are also grateful to know that according to the 2020 Journal Citation Report, the impact factor of Cochrane Database of Systematic Reviews has been consistently increased from 7.89 in 2019 to 9.266 now.

Cochrane Hong Kong also successfully organised two online pre-conference workshops entitled ‘Interpreting Systematic Reviews and Using Cochrane Reviews’ and ‘Systematic Reviews and Evidence Synthesis’ for the [7th Pan-Pacific Nursing Conference](#) on 26-27 May 2021, with the training team from Cochrane Singapore as speakers. More than 330 local and international healthcare professionals participated in these two workshops, and around 250 of whom were staff nurses nominated and sponsored by the Hospital Authority, including a principal nursing officer, senior



New Awards Received

- ❖ Prof. Helen Chan was awarded the Best Paper of Practice in the Jockey Club End-of-Life Community Care Project (JCECC) International Conference on Community End-of-Life Care.
- ❖ Prof. Connie Chong received the ACBS Early Career Mentorship Award from the Association for Contextual Behavioural Science.
- ❖ Prof. Carmen Chan received the Special Recognition Award from the Hong Kong Academy of Nursing.
- ❖ Prof. Ken Ho received the Early Career Researcher Award from Tung Wah College.
- ❖ Prof. Janita Chau, Prof. Suzanne Lo, Ms. Zita Huen, Ms. Minnie Lo and Ms. Alice Chan received the Long Service Award 2020 from CUHK.



- ❖ PhD in Nursing Year 1 student Tika Rana obtained the Scholarship for International Conference on Cancer Nursing 2021 from the International Society of Nurses in Cancer Care.
- ❖ PhD in Nursing Year 2 student Li Huiyuan received the Honorary Certificate of Outstanding Assignment from the Association for Contextual Behavioural Science China Chapter.
- ❖ Doctor of Nursing Year 4 student Harriet Chung received the Outstanding Achievement Award 2021 from the Association of Hong Kong Diabetes Nurses.



- ❖ Doctor of Nursing Year 4 student Maggie Lau received the Certificate of Merit from the Association of Hong Kong Diabetes Nurses.
- ❖ Bachelor of Nursing Year 3 student Ivy Lam was selected as the Most Valuable Player of the women's rowing team for 2020/21 by CUHK.

