





The Nethersole School of Nursing Newsletter 那打素護理學院通訊

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To serve the community with compassion



Chair's Message

"It was the best of times, it was the worst of times"

--- Charles Dickens



Dear Colleagues, Students and Alumni,



Prof. Sek-ying Chair
Director and Professor
The Nethersole School of Nursing

Over the past few months, we have experienced unprecedented challenges due to the COVID-19 outbreak. Through a series of measures such as online teaching and working from home arrangements, we have made it possible to support effective learning of students and smooth operation of the School. Thanks to the concerted effort of all our staff and students, which is indeed highly appreciated!

While we are working hard behind the scenes, many of our graduates are fighting bravely against the coronavirus at the forefront. The glory of humanity is usually reflected in the worst situations. Thanks to our graduates and all health care colleagues especially those in the isolation wards for their professionalism, selflessness and courage in fighting the disease to safeguard the health of people in Hong Kong!

"It was the best of times, it was the worst of times" - I believe unity is strength, and we can always turn the worst times into the best times if only we united!

Surely such unity should not be limited to one city, one country or one region. Instead, it should be a global endeavour. The World Health Organisation has designated 2020 as the International Year of the Nurse and the Midwife, reminding us of the increasing significance of global nursing efforts in securing health and well-being for all, especially in combating the current COVID-19 outbreak around the world.

As the leading school of nursing in Hong Kong and in Asia in this year's QS World University Rankings, our School is eager to work together with colleagues worldwide to strengthen nursing leadership and influence in promoting health locally, regionally and globally.



their shirt

Hong Kong's First Genomic and Genetic Nursing Centre



ASIA-PACIFIC GENOMIC AND GENETIC NURSING CENTRE 亞太遺傳學護理中心

Advances in genomic and genetic technologies are shaping the nursing profession across the continuum of care, impacting all nurses regardless of their nursing academic qualifications, roles and specialties. However, deficits in genomic literacy in nursing and other health professions are widely acknowledged. As a leading nursing institution in Hong Kong and in Asia, the Nethersole School of Nursing at CUHK has been well prepared to make proactive contributions in this important topic/field.

Following the establishment of a basic science laboratory in 2015 to strengthen the application of basic science in nursing research and education, our School moved another step forward in 2019 to establish the Asia-Pacific Genomic and Genetic Nursing Centre – the first nursing centre of its kind in Hong Kong. This Centre aims to lead the transformation of nursing policy, practice, education and research to be mindful of genomic and genetic technologies, and their implications to individuals and communities in Hong Kong, mainland China and the Asia-Pacific region.

"Nurses, as the single largest group of health care providers, are expected to play a key role in bringing the benefits of genomics and genetics to everyday nursing practice."

Prof. Sek-ying Chair
Director and Professor
The Nethersole School of Nursing



"The Centre is expected to serve as a hub for fostering the scientific and professional growth of nurses in genomics and genetics, and facilitating their integration of such information and technologies into nursing education, research and practice, in order to inform health policy and optimise health care outcomes."

Prof. Wai-tong Chien
Director
Asia-Pacific Genomic and
Genetic Nursing Centre

Mission

To promote nursing in genomic health care and accelerate the integration of genomics across everyday nursing practice in Hong Kong, mainland China and the Asia-Pacific region.

Functions

- To build capacity of nurses in genomic health care and facilitate dissemination and integration of genomics and genetics into nursing education and practice;
- To integrate genomic and genetic knowledge and skills into undergraduate and postgraduate education and facilitate appropriate curriculum development;
- To provide consultancy services for application of genomic and genetic information to enhance quality health care and policy formulation;
- To facilitate discussions and debates among health care providers, policy-makers, academics and researchers on contemporary strategies and issues in transforming health care using genomics and genetics.



Currently, the Centre focuses its work on four key areas with major expected outcomes as follows:



Expected Outcomes

- ↑Integration of genomics into nursing education, research and practice
- ♠ Genomic literacy of nurses for quality nursing practice
- ↑Insights into health care policy-making in relation to genomics and genetics
- ↑ Regional and international collaborations to expand the scope, reach and impact of nurses in genomic health care within and across disciplines



"With this Centre, our School is now in an advantageous position to promote genomics and genetics in nursing to achieve a brighter future for health in Hong Kong, mainland China, the Asia-Pacific region, and beyond."

- Prof. Sek-ying Chair



Funding Source	Principal Investigator	Project Title	Project Period
Pneumoconiosis Compensation Fund Board	Prof. Carmen Chan	Profiling of the silica-induced pro-inflammatory molecular events in macrophages using the RNA-Seq approach	2016 - 2018
Pneumoconiosis Compensation Fund Board	Prof. Ho-yu Cheng	Comprehensive risk assessment of people with silicosis: A population-based study	2016 - 2017
Health and Medical Research Fund	Prof. Mary Waye	Genetic study of the SNARE gene family in Hong Kong Chinese with bipolar disorder	2016 - 2018
Health and Medical Research Fund	Prof. Mary Waye	Association study of susceptibility genes in Wnt signalling pathway with attempted suicide	2015 - 2017

Below are some publications with our staff as first author:

- 1. Chair SY, Waye MMY, Calzone K, Chan CWH. (2019). Genomics education in nursing in Hong Kong, Taiwan and mainland China. Int Nurs Rev, 66(4): 459-466. doi: 10.1111/inr.12537.
- 2. Chan CWH, Leung TF, Chow KM, Wong CL, Choi KC, Chan JYW. (2018). Association of toll-like receptor 5 polymorphisms (rs5744174 and rs851139) and eczema: A pilot birth cohort study in Hong Kong newborn babies. Int J Dermatol, 57(11): e134-e135. doi: 10.1111/ijd.14177.
- 3. Chan CWH, Law BMH, So WKW, Chow KM, Waye MMY. (2017). Novel strategies on personalised medicine for breast cancer treatment: An update. Int J Mol Sci, 18(11). pii: E2423. doi: 10.3390/ijms18112423.
- 4. Chan JYW, Tsui JCC, Law PTW, So WKW, Leung DYP, Sham MMK, Tsui SKW, Chan CWH. (2018). RNA-Seq revealed ATF3-regulated inflammation induced by silica. Toxicology, 393: 34-41. doi: 10.1016/j.tox.2017.11.001.
- 5. Chan JYW, Tsui JCC, Law PTW, So WKW, Leung DYP, Sham MMK, Tsui SKW, Chan CWH. [2017]. Profiling of the silica-induced molecular events in lung epithelial cells using the RNA-Seq approach. J Appl Toxicol, 37(10): 1162-1173. doi: 10.1002/jat.3471.

Cochrane Updates





Cochrane is an international independent not-for-profit organisation dedicated to making up-to-date and accurate information about the effects of health care readily available worldwide. It has produced over 7,500 Cochrane Systematic Reviews to inform health decisions. Cochrane's work is globally recognised as the benchmark for high-quality information about the effectiveness of health care.

Cochrane Hong Kong established in April 2019 at the Nethersole School of Nursing, CUHK is the second nursing-led Cochrane

centre/affiliate in the world, aiming to promote and support the use of Cochrane evidence in health policy and practice in Hong Kong and nearby regions. Since 2019, Cochrane Hong Kong has been leading the Nursing Working Group of the Cochrane China Network to coordinate and facilitate knowledge translation activities across the region. It also supports members in their engagement with Cochrane and builds links with particular regional and national bodies in mainland China and Asian countries for more targeted dissemination of Cochrane evidence.

Management Structure of Cochrane Hong Kong

Executive Committee

Co-Directors

Prof. Wai-tong Chien

Vice-Director of Research and Professor,

The Nethersole School of Nursing, CUHK

Prof. Janita Chau

Professor, The Nethersole School of Nursing;

Assistant Dean (Alumni Affairs), Faculty of Medicine, CUHK

Associate Director

Dr. Kai-chow Choi

Senior Research Fellow, The Nethersole School of Nursing, CUHK

Members

Prof. Helen Chan

Associate Professor, The Nethersole School of Nursing, CUHK

Prof. Winnie So

Associate Professor, The Nethersole School of Nursing, CUHK

Steering Committee

Chairperson

Prof. Sek-ying Chair

Director and Professor, The Nethersole School of Nursing, CUHK

Members

Mr. Ben Hui

Cluster General Manager (Nursing), Hong Kong East Cluster; General Manager (Nursing), Pamela Youde Nethersole Eastern Hospital, Hong Kong

Prof. Taewha Lee

Dean, College of Nursing, Yonsei University, South Korea

Prof. Vivian Lee

Associate Professor, Centre for Learning Enhancement And Research, CUHK

Prof. Yiing-mei Liou

Dean and Professor, Institute of Community Health Care, School of Nursing, National Yang Ming University, Taiwan

Prof. Hiromi Sanada

Professor, Department of Gerontological Nursing / Wound Care Management; Director, Global Nursing Research Centre, The University of Tokyo, Japan

Prof. Wilson Tam

Assistant Professor, Alice Lee Centre for Nursing Studies, National University of Singapore, Singapore

Dr. Danny Tong

Senior Manager (Nursing)/ Principal Nursing Officer, Nursing Services
Department, Hospital Authority, Hong Kong

Prof. Qun Wang

Associate Professor, School of Nursing, Health Science Centre, Shenzhen University, China

Our Work



1. Knowledge Translation

Knowledge translation is essential in working towards achieving the goals of 'Cochrane's Strategy to 2020' which aims to put Cochrane evidence at the heart of health decision-making. It is a process of supporting the use of health evidence generated from high-quality and trusted Cochrane Systematic Reviews to make optimal health care decisions. Cochrane Hong Kong works with the Translation and Dissemination Working Groups of Cochrane China Network and Cochrane Taiwan in translating Cochrane evidence into simplified and traditional Chinese adopting the Knowledge Translation Framework developed by Cochrane.





Cochrane Reviews

We have translated 126 abstracts/plain language summaries of Cochrane Reviews between March 2019 and March 2020, and 41 of them have been published online.



Featured Reviews

Cochrane Featured Reviews have summarised the latest Cochrane Reviews in plain language using a news report format. The traditional Chinese version of these Cochrane Featured Reviews can be found at the Cochrane Hong Kong website.



Blogshots



A Cochrane blogshot is a picture or slide containing key messages of a Cochrane Review, including its review question, quantity and quality of the evidence, harms of the intervention, and conclusion. Readers can go through the evidence and easily access the full review through the link provided on the blogshot. Currently, 26 blogshots in traditional Chinese are available, with topics covering stroke, effective practice and organisation of care, schizophrenia, dementia and cognitive improvement, incontinence, etc.

2. Regional and International Collaborations

Cochrane Hong Kong held its first symposium themed 'Paving the Way for and Achieving Excellence in Evidence-informed Health Care in the Belt and Road Regions' on 23-24 May 2019 and post-symposium workshops on 27-28 May 2019 in Hong Kong.





The symposium successfully attracted more than 700 participants including health care providers, policy makers, academics and researchers from over 20 countries or regions. During the event, the participants actively discussed contemporary issues in evidence-informed health care and examined strategies in advancing the use of reliable evidence, especially Cochrane evidence, to inform practice and policy formulation for health care in the Belt and Road regions.

3. Training on Systematic Review

Cochrane Hong Kong has successfully conducted the following training workshops:

7-8 Jan 2019

: Cochrane Systematic Review Development Workshop (50 participants)

27-28 May 2019 : Post-symposium Workshops of the First Cochrane Hong Kong Symposium (82 participants)

The participants commented that the workshops had enhanced their knowledge and skills in understanding, interpreting and using evidences generated from systematic reviews and meta-analyses, particularly Cochrane Reviews.





Cochrane Hong Kong Systematic Review Workshops (Post-colloquium Workshops of the Second Colloquium on Chronic Illness Care)

- •To enable participants to understand and interpret systematic reviews and meta-analyses
- To equip participants with knowledge and skills in planning and conducting Cochrane Reviews

The official launch of Cochrane China Network in Beijing

Cochrane Hong Kong has joined the Nursing Working Group of the Network





New Research Grants Awarded

"The title of the Community Investment and Inclusion Fund project is 'ABCD Shui Chuen O' Family Network'. This project aims to foster cross-sectoral collaboration and strengthen asset networks to address the needs of community-dwelling elders in Shui Chuen O' Estate, Shatin. A variety of health promotion activities and training workshops will be organised to empower residents and volunteers with appropriate knowledge and skills to take care of elders in the community."

Prof. Sek-ying Chair

(Principal Investigator)

- Community Investment and Inclusion Fund
- Public Policy Research Funding Scheme



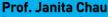
"The title of this project is 'The effectiveness of Simulation-Based Zoom Learning (SBZL) on enhancing clinical decision making for nursing students'. Due to the COVID-19 outbreak, clinical practicum for nursing students in hospitals has been suspended. The project aims to develop the courseware and implement the simulation-based Zoom learning activities and examine the effectiveness of SBZL on final year nursing students and teachers. Successful and failure factors will also be identified."



Prof. Carmen Chan

(Principal Investigator)

 Teaching Development and Language Enhancement Grant



(Co-Investigator)

• Teaching Development and Language Enhancement Grant

"The title of this project is 'Evaluation on the feasibility, educational acceptance of inter-professional values education at CUHK'. The project will implement inter-professional education (IPE) on geriatric study in CUHK in response to the global ageing phenomenon. It involves three phases: survey, implementation and evaluation. In brief, the project will provide new insights for the development of IPE at the University."



Prof. Suzanne Lo

(Principal Investigator)

• Health and Medical Research Fund

"The title of this project is 'Feasibility of a novel ballet-inspired low-impact at-home workout programme to improve balance, gait and memory in adults with stroke: A mixed methods exploratory trial'. The aim of this project is to establish the feasibility of a novel ballet-inspired low-impact at-home workout programme for people with stroke. Findings will help better understand the cross-cultural applicability of dance interventions and lay the groundwork for examination about its effects on survivors' balance, gait and memory."



Dr. Philip Hung

(Principal Investigator)Teaching Development and Language

Enhancement Grant

The title of the project is 'Multi-disciplinary collaboration of augmented reality and virtual reality on human anatomy electronic learning (MARVEL)'. Through this project, we aim to develop a user-friendly and accessible mobile app enhance the understanding in the organisations and functions of human cranial nerves under augmented reality (AR). Also, we aim to simulate the neurological assessment using virtual reality (VR) technology."

Awards & Recognitions



Our School shines in the OS World University Rankings by Subject 2020 - Nursing







We have been No. 1 in Hong Kong for FIVF consecutive years (2016-2020)!

More Awards Received...

- Prof. Connie Chong and Dr. Bernard Law received Dr. Barbara Kwok Young Postdoctoral Researcher Travel Grants 2019/20 from CUHK.
- Doctor of Nursing Year 4 student Nam-sze Cheng received the Outstanding Oral Presentation Award in the 23rd East Asian Forum of Nursing Scholars (EAFONS) Conference.
- Doctor of Philosophy in Nursing Year 1 student Huiyuan Li received the ACBS Student World Conference Scholarship from the Association for Contextual Behavioral Science.
- Bachelor of Nursing Year 5 student Yuen-sin Cheung received a scholarship under the Mingxi Youth Award Scheme from the Mingxi Charitable Foundation.
- Bachelor of Science in Gerontology Year 2 student Hiu-ling Chan received a scholarship under the Temasek Foundation International Leadership Enrichment and Regional Networking Programme @ Nanyang Technological University (TF Intl LEaRN @ NTU) 2019 from the Temasek Foundation.
- Bachelor of Science in Gerontology Year 2 student Yun-sum Aureceived the Outstanding Performance Awards for Students of I-CARE Programme from CUHK.









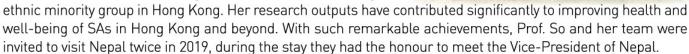
Promoting Global Health

"Our Trips to Nepal were Fruitful beyond Expectations!"

Prof. Winnie SoAssociate Professor
The Nethersole School of Nursing



Prof. Winnie So is an experienced and prolific researcher in cancer care, with one of her research highlights focusing on early detection of cancer among South Asians (SAs), the largest





The Nepal trips are an extension of my research on cancer screening among SAs in Hong Kong. My studies reveal that although the government has been putting increased efforts and resources on cancer screening, the cancer screening uptake among SAs is still much lower than that of the general population in Hong Kong. To improve this situation, we have identified key barriers hindering their uptake: health literacy, service accessibility, language, and cultural issues. We have also recommended the government to provide:

- culturally and linguistically relevant health promotion packages for ethnic minorities
- training to empower community health workers (CHWs) for effective health promotion
- education on cancer prevention for children and teenagers
- training for foreign medical interpreters to enhance the existing interpretation services

In line with these recommendations, we have developed the IMPACT programme (Integrative Multimedia Programme for promoting South Asians' Cancer screening upTake) which comprises two components: (1) an evidence-based multimedia intervention to increase SA women's awareness of cervical cancer screening and their accessibility to related information/services; and (2) a multimedia-based training programme to empower SA women as CHWs to assist their peers in accessing cancer screening services. This programme has been implemented for more than six years and expanded to cover other types of cancer, such as breast cancer and colorectal cancer.

The programme has achieved positive outcomes. Up till now, about 1,100 SA women participated in the multimedia intervention and >90% of them reported improvements in cervical cancer screening and prevention, service accessibility, and self-efficacy in undertaking screening. We have distributed printed educational booklets to 3,200 SA women and developed a multi-language website attracting over 23,000 visitors so far. Although the CHW-led intervention is still in progress, our preliminary findings show that the uptake of cervical cancer screening is significantly higher in the intervention group (98.5%) than those in the control group (56.3%). Throughout these years, we have received lots of support from our community partners and the ethnic minority community; and have a group of SAs closely working with us. Last year, we were invited to deliver seminars and conduct studies at their hometown in Nepal, one of the SA countries along the Belt and Road.

2. Could you please briefly describe your mission and your work in Nepal?

We visited Nepal twice last year, in February and October respectively. For the first trip, we were invited to deliver international seminars for health care professional, faculty members and students from two nursing colleges and a cancer hospital in Nepal. We were also interviewed by a local radio reporter. *And surprisingly, we had a chance*

to meet the Right Honourable Mr. Nanda Bahadur Pun, the Vice-President of Nepal, and shared with him our mission to reduce cancer burden through improving accessibility of cervical cancer screening for women in the rural areas of Nepal. The Vice-President is a visionary leader who is very concerned about his people especially those living in rural areas. He fully supported our mission which, I



think, is in line with his vision. He also shared with us his ideas for health care improvement and suggested us to go to the western Nepal to start our work there.



Therefore, we visited Nepal again in October 2019 to conduct a situational analysis of cervical cancer services in Gandaki Province in the western Nepal, with an aim to initiate a cervical cancer screening programme there. There was a group of local volunteers supporting us and a journalist accompanying us throughout the trip to report our mission and our work. Apart from interviewing with key stakeholders, we delivered health seminars to health care professionals and health talks to local villagers. The situational analysis report is ready and in the process of translating into Nepali language. Once completed, we will pass the report to the Nepal government, the Mayor of the Jaimini Municipality, and the hospital management committee of the Dhaulagiri Zonal Hospital.

We plan to visit Nepal again this year to conduct a population survey in Gandaki Province, followed by capacity building of local health care professionals. We need experts from different disciplines to work together with the Nepal government to develop an effective cervical cancer screening programme for rural women in the western Nepal.

3. Any challenges and unforgettable experiences during the trips?

Transportation is a big challenge. It took longer than expected to travel from one village to another. There is no public transportation. And, we cannot go there in summer because it is the rainy season and the roads might be blocked with mud and water. Besides, due to lack of resources in villages, we needed to prepare and transport all necessities and equipment to the villages.





There are lots of unforgettable experiences. To name a few... We had an amazing experience of meeting with the Vice-President of Nepal who gave us lots of support and advices. We appreciated the friendliness of the villagers who danced and played musical instruments to welcome us into villages. Also, there are fresh organic food and beautiful scenery. Our experience of having breakfast outdoors to enjoy the scenic views was really unforgettable.

4. What are the key impacts of your trips, locally, regionally and globally?

Cervical cancer is one of the most common cancers, with 570,000 cases reported in 2018 worldwide and more than half of them were in Asia. Among the Asian countries, the incidence and mortality rate of cervical cancer in Southeast Asia is the highest. Previous studies reveal that cervical cancer is curable if it is diagnosed at an early stage. For localised cervical cancer, the 5-year relative survival rate can



be >90%. However, the cervical cancer screening programme is not well established in low- and middle-income countries (LMICs). We hope we can make use of our expertise and experience to serve those women in LMICs. We are fortunate to have this opportunity to reach out to rural women in the western Nepal, and are eager to work with the Nepal government to establish a cervical cancer screening programme and improve the referral system in the western Nepal. Looking ahead, having accumulated more experiences, we would expand the programme to cover other common cancers, and also extend it to other LMICs in Asia and worldwide.

International Collaborations

Memorandums of Understanding (MOUs)

The School has signed MOUs with two overseas universities in the first quarter of 2020:



Manchester Metropolitan University (UK)



The University of Tokyo (Japan)



Inbound Academic Visits

- Prof. Anna Strewler, Adult Gerontology Primary Care Nurse Practitioner, Co-Director of the San Francisco Veterans Affairs Centre of Excellence in Primary Care Education and Assistant Clinical Professor at School of Nursing, University of California, San Francisco visited our School from 17 to 21 January and delivered a series of lectures to our postgraduate students.
- Prof. Sally Chan, Pro Vice-Chancellor & Chief Executive Officer (Singapore Campus), The University of Newcastle, Australia visited our School on 22 January and delivered a seminar on 'Enhancing healthcare professional education through technology: Opportunities and challenges' to our academic staff.



International Conference Presentations by our Academic Staff

- Prof. Carmen Chan delivered an oral presentation at the 2020 Global Nursing Symposium organised by the University of Riverside in Los Angeles, USA from 9 to 10 January.
- Prof. Helen Chan delivered a poster presentation at the International Conference on Frailty and Sarcopenia Research 2020 in Toulouse, France from 11 to 13 March.
- Prof. Wai-tong Chien delivered an online oral presentation at the Euro Nursing 2020 in London, UK from 19 to 20 March.



Activity Snapshots

School New Year Lunch



An annual lunch for all staff was held to appreciate their hard work in the past year and to celebrate the new year together.



Student Development Workshops



Health care leaders from public and private hospitals were invited to deliver career talks and share constructive career advice with our final-year Bachelor of Nursing and Master of Nursing Science (Pre-registration) students.

10 & 17 Jan

Strategic Workshop for Academic and Research Staff



Our academic and research staff participated in a one-day strategic workshop to update and enrich their knowledge on preparation and application for Research Grants Council (RGC) funding schemes, and to explore potential research collaborations.



Inauguration of Bachelor of Science in Gerontology Programme Student Society



The Inauguration Ceremony of the 8th Bachelor of Science in Gerontology Programme Student Society 'Todawn' was successfully held in the Yasumoto International Academic Park, CUHK. All committee members pledged to organise a variety of activities to promote gerontology in the coming year.

22 Jan







"I work in the isolation ward which mainly receives suspected or confirmed COVID-19 cases. As Ward Manager, I not only lead the team to provide nursing care but also manage resources to facilitate smooth operation of the isolation ward. The most challenging thing we have encountered is the uncertain supply of personal protective equipment. So apart from ensuring a stable supply of equipment, I have to stand together with our frontline colleagues to understand their concerns and ease their worries."

Sharon Pang, Ward Manager, Prince of Wales Hospital (Bachelor of Nursing & Master of Nursing graduate)

"I am a Ward Manager, responsible for all the issues in the ward. Since January, the disease outbreak has been worsening, affecting colleagues, patients and their families to significant degrees. We need to not only take care of patients but also update their families on the patients' conditions. We have to ease the worries of our colleagues, disseminate to them the latest information about the disease, as well as ensuring sufficient supply of personal protective equipment."

Kevin Yeung, Ward Manager, Cheshire Home, Shatin (Bachelor of Nursing graduate)



"My work is to explain the current infection control measures in the community especially home quarantine measures to my colleagues, as well as maintaining a close contact with staff from the Department of Health and the Hospital Authority to keep abreast of the latest development of the situation. Compared with SARS, combating COVID-19 is more difficult as it has no obvious symptoms. The experience with SARS has facilitated us to become more vigilant and more able to plan ahead and stay focused."

Bonnie Wong, Nurse Consultant, Community Nursing Service, Princess Margaret Hospital (Bachelor of Nursing & Doctor of Nursing graduate)

"I work in the isolation ward, mainly responsible for taking care of suspected and confirmed COVID-19 patients. I am grateful for taking part in combating COVID-19, which is an unforgettable experience in my nursing career life."



Lulu Yu, Advanced Practice Nurse, Prince of Wales Hospital (Professional Diploma in Advanced Nursing Practice graduate)



"In fighting the coronavirus, our unit has developed a set of special guidelines for reducing our colleagues' risk of infection and informing them about the latest updates on the outbreak. Colleagues can share their experience of combating SARS with other colleagues and ease their worries. As health care professionals, it is our mission to take care of patients and provide quality health care services."

Kam-ming Chan, Nurse Consultant (Neonatal Care), KEC, Hospital Authority (Master of Nursing & Doctor of Nursing graduate)

"Prof. Dennis Ng, CUHK Pro-Vice-Chancellor and I, together with colleagues from the Department of Chemistry and the University Safety Office prepared over 3000 litres of 75% alcohol-based handrub and distributed to students staying in hostels and frontline staff providing essential services. We have also contacted charities for distributing the handrub to elderly centres and elderly homes."



Ralph Lee, Director of University Safety, CUHK (Bachelor of Nursing graduate)



"I have helped to convert general wards into isolation wards, and to take care of daily operation and staff training in the wards. We have also successfully identified and treated confirmed cases in the isolation wards. We need to stay alert and get well prepared for the worst situations."

Lok-man Leung, Senior Nursing Officer, United Christian Hospital (Bachelor of Nursing, Master of Nursing & Professional Diploma in Advanced Nursing Practice graduate)

"Due to the COVID-19 outbreak, our colleagues are allocated to serve in different wards, so I need to closely communicate with them and take care of their physical, mental and spiritual health. They are now fighting hard against the coronavirus, despite of various uncertainties."

Helen Wu, Ward Manager, United Christian Hospital

(Bachelor of Nursing, Master of Nursing & Professional Diploma in Advanced Nursing Practice graduate)





"I am mainly responsible for workforce management in the medical ward. With the experience of combating SARS, I know very well about the infection control practices. I would like to urge the public to stay at home as far as possible to reduce social contact, which is a great help to our frontline health care colleagues in fighting the disease."

Henry Poon, Ward Manager, United Christian Hospital (Bachelor of Nursing & Master of Nursing graduate)

"I am serving in the A&E Department, responsible for frontline management to ensure a stable supply of resources and a smooth flow of clinical operation. In preventing infection, please take good care of yourselves, stay at home and avoid traveling abroad."

Howard Chan, Advanced Practice Nurse, Tin Shui Wai Hospital (Master of Nursing Science graduate)





For more graduates sharing, please visit our School





A Big Thanks to Our Graduates & All Health Care Professionals!

Did You Know?



The World Health Organisation (WHO) has designated 2020 as the 'International Year of the Nurse and the Midwife', in honour of the 200th birth anniversary of Florence Nightingale, the founder of modern nursing, and to recognise the significant contributions of nurses and midwives to global health. This is the first time for WHO to select a profession to be the focus of a 'Year', providing a unique opportunity for us to highlight, celebrate and reflect on the impacts and contributions of the profession to global health.

"Nurses and midwives are the backbone of every health system:
In 2020 we're calling on all countries to invest in nurses and midwives
as part of their commitment to health for all."

Dr. Tedros Adhanom Ghebreyesus, WHO Director-General



- Our School has established the Asia-Pacific Genomic and Genetic Nursing Centre as a robust response to WHO's call for increased investments in the nursing workforce. During 2020, the Centre's work focus is to increase genomic/genetic literacy of nurses and incorporate genomic and genetic discoveries into nursing practice for better disease prevention and health improvement.
- Our School will organise the Second Colloquium on Chronic Illness Care in July 2020 to pool the efforts of nursing and health care providers, academics and researchers worldwide to advance chronic illness care through impactful research and innovations, thus maximising the impacts and contributions of nurses to global health.

To Nursing Colleagues Worldwide:
Let Us Get United to Strengthen Nursing
Influence to Achieve Health for All!



The Nethersole School of Nursing

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http://www.instagram.com/cuhk_bsc_gerontology