

CU Nursing 360

Highlights & Updates | Issue 11 August 2020

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



Prof. Wai Tong CHIEN has been appointed by The Chinese University of Hong Kong as Director of the Nethersole School of Nursing with effect from 1 Aug 2020.

Prof. Chien is an active academic and researcher who has dedicated to fostering nursing leaders and improving mental health of people in Hong Kong, mainland China and South East Asia through education, research, advocacy and health promotion for over 30 years.

[Prof. Chien's profile](#)

Key events to celebrate the School 30th Anniversary in 2021:

- ❖ Community Caring Day cum Alumni Carnival cum 30th Anniversary Kick-off Ceremony
- ❖ 7th Pan-Pacific Nursing Conference
- ❖ Anniversary Book
- ❖ Newspaper Supplements

Meet our New School Director

Dear friends, colleagues, students, and alumni,

It is my great pleasure to bring my greetings to you all here as the newly appointed Director of the Nethersole School of Nursing.

Since my bachelor's studies and academic appointment at the School in 1990s, I have witnessed the School growing from a small department offering only one bachelor of nursing programme to recently a well-established academic department offering a full range of world-class undergraduate and postgraduate nursing and health care programmes. Since 2016, CU Nursing has been ranked as the top nursing school locally, and one of the top-ranked nursing institutions in Asia and worldwide in the QS World University Rankings, according to our academic reputation and research impact in the field.

We appreciate your continued support, encouragement and collaboration that have contributed to our successes. In particular, I would like to sincerely thank our ex-directors for their visionary leadership in leading the School development and bringing the School to its current success. By taking up the directorship, I would extend our long-standing commitment to enhancing quality of patient care, preparing nurses for leadership roles, and developing innovative and significant programmes of research. I hope the School can excel further in education and research, thus exerting greater influence in health promotion and development of evidence-informed nursing practice for the betterment of global health.

We will be celebrating the School's 30th Anniversary in 2021. With your continuous support and contribution, I believe we can overcome the recent COVID-19 pandemic, and all challenges ahead, to make not only the Anniversary celebration an unforgettable experience for all participants but also the School a premier one internationally recognised for its excellence in contending with so much changes and challenges in the global socio-economic and health care climate. Last but not the least, I wish you all staying safe and healthy over difficult time of the pandemic.



Wai Tong Chien
Director and Professor

New Awards Received

- ❖ Prof. Wai Tong Chien received the Best Oral Presentation Award in Euro Nursing 2020
- ❖ Prof. Jojo Wong received the CUHK Vice-Chancellor's Exemplary Teaching Award 2019
- ❖ Prof. Jojo Wong, Dr. Philip Hung, Mr. Summer Ha, Ms. Zoe Kwok and Mr. Ricky Ahmat received Teacher of the Year Award from Faculty of Medicine, CUHK
- ❖ Prof. Winnie So, Prof. Helen Chan, Dr. Helen Chiang, Dr. Kai Chow Choi, Dr. Philip Hung, Ms. Anna Ngan and Mr. Ricky Ahmat received the Best Teacher Award of the School
- ❖ PhD in Nursing Year 2 students, Li Liu and Yayi Zhao, received the Reaching Out Award under the HKSAR Government Scholarship Fund 2019/20
- ❖ PhD in Nursing graduate Jocelyn Chew received the Postgraduate Research Output Award 2019, CUHK
- ❖ The School won the Gold Award and Waste Reduction Award in the 'GO! Green Award 2019'



Our School will host the **7th Pan-Pacific Nursing Conference** on 28-29 May 2021 and pre-conference workshops on 26-27 May in 2021. **Abstract submission** is now **OPEN!** Submission deadline: **30 Oct 2020**

New Research Grants Awarded (Grant Total: >HK\$3.96 Million)

Funding Source	Principal Investigator	Project Title	Project Period
General Research Fund	Prof. Janita Chau	Effects of a social participation-focused virtual reality intervention on the physical, psychological and social outcomes of community-dwelling stroke survivors with physical disabilities: A randomised controlled trial	2021 – 2024
<i>“The aim of this trial is to develop and evaluate the effectiveness of a social participation-focused virtual reality (SP-VR) intervention on the health outcomes of stroke survivors. The evidence will be a valuable resource for the development of guidelines regarding the use of the SP-VR intervention model in stroke rehabilitation.”</i>			
Health and Medical Research Fund	Prof. Wai Tong Chien	Evaluating the effectiveness of a peer-led self-management programme for people with recent-onset psychosis: A randomised controlled trial	2020 – 2023
<i>“This study is to investigate the effectiveness of a peer-led self-management intervention on outcomes of patients with recent-onset psychosis over an 18-month follow-up period, compared with those in the conventional psychoeducation group receiving routine care only. The findings can provide evidence of reasonably long-term (cost-) effectiveness of the programme on improving patients’ recovery, functioning and service satisfaction in Hong Kong.”</i>			
Health and Medical Research Fund	Prof. Ho Yu Cheng	Effects of a music-visual guided physical activity promotion programme among adults with intellectual disability living in residential care facilities: A cluster-randomised controlled trial	2020 – 2022
<i>“Although physical activity (PA) is cardiometabolically and psychologically beneficial to adults with intellectual disability, its initiation and maintenance remain problematic. This project aims to examine the effects of a music-visual guided PA intervention on the PA level, PA self-efficacy and interest as well as functional exercise capacity of this population.”</i>			
Health and Medical Research Fund	Prof. Connie Chong	Effects of Acceptance and Commitment Therapy-based asthma management training programme for parents of young children with neurodevelopmental comorbidities: A randomised controlled trial	2020 – 2022
<i>“This study aims to examine the effects of an ACT-based asthma management programme on the health outcomes of children with asthma comorbid with attention-deficit/hyperactive disorder and their parents. The findings will help to explore the possibility of providing disease management, emotional and parenting support to families of young children with neurodevelopmental and other chronic health problems.”</i>			
Tung Wah Group of Hospitals	Prof. Helen Chan	Design, development and production of a board game aiming to promote the advance care planning in the community and research on the effectiveness of the product	2020
<i>“This project aims to design and develop a board game that can facilitate discussion on advance care planning in the Chinese community. This study will adopt a mixed method approach to understand the participants’ experience with the game and evaluate its feasibility and effects in promoting relevant behavioural changes.”</i>			
Baylor University	Prof. Jojo Wong	An international and interdisciplinary research collaboration for noncommunicable disease prevention using mHealth: A pilot study among Indian migrants to Hong Kong	2019 – 2020
<i>“The purpose of this pilot study is to examine if and how culturally tailored mHealth applications can improve health literacy in noncommunicable diseases (hypertension and diabetes) among a migrant Asian-Indian subpopulation in Hong Kong.”</i>			

Cochrane Hong Kong > Updates

In response to the unprecedented COVID-19 pandemic, Cochrane Hong Kong has been devoting to translating and disseminating the latest Cochrane evidence related to COVID-19 to make the trusted Cochrane evidence more accessible to those needing to make informed decisions for health care & practice.

From April to August 2020, we have translated 10 abstracts or plain language summaries of [Cochrane Reviews](#) and several [press releases](#) which are of particular relevance to COVID-19 and other pandemic situations. Evidence involved a wide spectrum of topics such as symptoms and signs of COVID-19 infection, sensitivity of antibody tests, and infection control and preventive measures for health care workers and the public. Cochrane Special Collections on COVID-19, which include summaries and links to the most directly relevant Cochrane Reviews, are also kept updating on our [webpage](#) to answer the time-sensitive needs of front-line health care workers and decision makers.

To support Cochrane evidence production, eight Cochrane Reviews on mental illness care and therapy, stroke survivors care, perioperative recovery for patients with gynaecological cancers, and health consultation patterns and effectiveness are ongoing in Cochrane Hong Kong. In addition, we have been collaborating with Cochrane China Network to support evidence-based health care practice and policy decision making in China.

