

CU Nursing 360

Highlights & Updates | Issue 12 October 2020

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



Call for Abstracts!

Please click [here](#) to submit an abstract

Submission deadline:
30 Oct 2020

“Together, we shall continue collaborating with nursing leaders worldwide to lead transformational change in health care to achieve better health for all.”

Contributing to Global Health

Dear friends, colleagues, students, and alumni,

Over the past three decades, CU Nursing has been committed to promoting health and well-being of people in Hong Kong and beyond through quality education, innovative research and evidence-based practice; and addressing major health issues or challenges facing local and global communities through international multidisciplinary research collaborations.

In the coming year, the School will host the [7th Pan-Pacific Nursing Conference](#) to bring together nursing and health care delegates from around the world to expand the significance and impact of research evidence to improve health and social care management and outcomes in the local, regional and global contexts. This conference is also a signature event to celebrate our School's 30th Anniversary in 2021. Preparation of the conference is currently in full swing.

Our faculties have been highly committed in contributing their expertise and experience to advance nursing sciences and practices locally, nationally and internationally to build a healthier tomorrow. I am glad that this year we have two more faculties being selected for induction as fellows of the [American Academy of Nursing](#) (FAANs) for their dedication and accomplishments in nursing education and research, and their leadership and advocacy in promoting local and global health. Gracefully, there are now six FAANs in our School, thus being one half of the total number of FAANs in Hong Kong.

Promoting local and global health will continue to be the focus of our School, and our unwavering commitment!



Wai Tong Chien
Director and Professor

Fellows of the American Academy of Nursing @ CU Nursing

NEW 2020

- ❖ **Prof. Janita Chau** has been committed to promoting evidence-based practice, transforming nursing education, and advancing practice in stroke rehabilitation locally and globally...»
 - ❖ **Prof. Winnie So** has been dedicated to improving service accessibility of the disadvantaged to achieve equity in cancer care, with a focus on early cancer detection, in HK and LMICs...»
- 2018**
- ❖ **Prof. Wai Tong Chien** has strived to improving mental health in HK, mainland China and South East Asia through education, research, advocacy and health promotion for over 30 years...»
 - ❖ **Prof. Carmen Chan** has demonstrated integrated scholarship in cancer and palliative care research that has broadly impacted on the profession, patients, families and a societal change on the attitude towards end-of-life care...»
- 2017**
- ❖ **Prof. Sek Ying Chair** has led the School to achieve top QS rankings and contributed to the development of post-cardiac catheterisation protocols adopted in HK and internationally...»
- 2015**
- ❖ **Prof. Diana Lee** has extensively contributed to improving elderly health and chronic illness care, and fostering a positive attitude towards ageing in the HK community and beyond...»



The **CUHK Nethersole School of Nursing 30th Anniversary Outstanding Alumni Awards** are now **OPEN for nomination**. Please see the **criteria** for the awards. Nomination deadline: **30 Oct 2020**

New Research Grants Awarded (Grant Total: >HK\$2 Million)

| Funding Source | Principal Investigator/ Co-Investigator | Project Title | Project Period |
|--|--|---|----------------|
| General Research Fund | Prof. Helen Chan (Co-I) | Effects of a structured, family-supported, and patient-centred advance care planning on end-of-life decision making among palliative patients and their family members: A randomised controlled trial | 2021 – 2023 |
| <i>"This study aims to engage adult palliative care patients and their families in a structured patient-centred advance care planning programme. Findings will provide scientific evidence on the effects of the programme on increasing discussion regarding end-of-life care, thus promoting preference-concordant care."</i> | | | |
| Health and Medical Research Fund Research Fellowship Scheme | Prof. Connie Chong (PI) Prof. Wai Tong Chien (Co-I) | Effect of Acceptance and Commitment Therapy-based lifestyle counselling programme for people with early psychosis on physical activity: A pilot randomised controlled trial | 2021 – 2023 |
| <i>"Patients with early psychosis often lack the motivation to maintain a healthy lifestyle due to psychotic symptoms, emotional problems and adverse drug reactions, resulting in an increased risk of cardiovascular diseases. This study aims to examine the effect of an Acceptance and Commitment Therapy-based counselling programme on helping patients with early psychosis to clarify their personal values in life, develop perspective-taking abilities in observing thoughts and feelings, and improve their intrinsic motivation for maintaining a healthy lifestyle so as to increase their participation in physical activities."</i> | | | |
| Grant Scheme for Internationalisation of Curriculum (supported by TDLEG 2019-22) | Dr. Sally Lo (PI) | Developing global perspectives in an ageing world | 2020 – 2021 |
| <i>"The project is designed and developed in alignment with the University's 'Integrated Framework for Curriculum Development and Review' to address the increasing trend of preparing university graduates to become global citizens. The funding will be used to support the development of teaching contents facilitating gerontology students to embrace a global perspective in their course of study."</i> | | | |

Congratulations

to Prof. Carmen Chan on being appointed as Alice Ho Miu Ling Nethersole Charity Foundation Professor of Nursing and Assistant Dean (Education) of the Faculty of Medicine, CUHK!



Activity Highlights

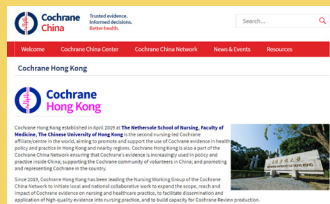
- A virtual **Pass-it-on Ceremony** was organised for our 217 Bachelor of Nursing Year 1 students on 6 Oct 2020, in which the nursing freshmen pledged to follow the steps of Florence Nightingale and other nursing predecessors to save lives and serve patients.



- This year's **PhD Summer Workshop** was conducted virtually on 21-30 Jul, with 15 prospective students from mainland China, Ethiopia, Tanzania, Malaysia, Malawi and Indonesia joining the workshop to learn more about our School and our PhD programme.



Cochrane Hong Kong > Updates



An Executive Committee has been set up since Aug 2020 to plan for the development of the Cochrane China Network and better facilitate the coordination of the Affiliates and working groups of the Network. [Cochrane Hong Kong](#) Co-Director Prof. Janita Chau has been appointed as the Co-Chair of the Executive Committee, together with Prof. Yan Hu from Fudan

University and Prof. Yinghui Jin from Wuhan University. The latest information on the structure, functions, work priorities, training and collaboration within the Cochrane China Network, which comprises Cochrane China Centre, Cochrane Hong Kong and other seven [Cochrane China Affiliates](#), will be posted on the [Cochrane China website](#).

Considering that the global pandemic would likely continue for the foreseeable future, Cochrane Hong Kong helped promote a global survey initiated by Cochrane via social media on research evidence about COVID-19 and the use of the evidence. The findings would provide a better understanding of the types of COVID-19 evidence needed most by health policy makers, health care providers, researchers and service users, as well as guiding future research priorities and approaches.

Between Aug and Oct 2020, Cochrane Hong Kong has been devoted to producing Cochrane Reviews and translating Cochrane evidence, especially 14 [Cochrane Reviews related to COVID-19](#) responding promptly to this unprecedented global health crisis. Eleven of the Cochrane Reviews related to COVID-19 have been translated into traditional or simplified Chinese, which are now available on the [Cochrane Hong Kong website](#) and the [Cochrane Library](#).

