

CU Nursing 360

Highlights & Updates | Issue 13 December 2020

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



To kick off our 30th Anniversary celebrations...



**Please join us on
30 Jan 2021 (08:50-18:00)**

Officiating Guests:

- ❖ Prof. Sophia Chan, Secretary for Food and Health, Food and Health Bureau, The Government of the HKSAR
- ❖ Prof. Tai Fai Fok, Pro-Vice-Chancellor / Vice-President, CUHK
- ❖ Mr. John Li, Chairman, Board of Governors, Alice Ho Miu Ling Nethersole Charity Foundation
- ❖ Prof. Francis Chan, Dean, Faculty of Medicine, CUHK

Celebrating 30 Years of Success

Dear friends, colleagues, students, and alumni,

By the end of this challenging year, we sincerely wish you all a powerful recovery from the COVID-19 pandemic/crisis and join us to celebrate our School's 30th Anniversary in the coming year of 2021.

In the course of 30 years, our School has grown from strength to strength in facing many challenges. Starting off as a small unit with only a dozen of staff running a newly established bachelor of nursing programme, the School is now a fully-fledged academic institution with over 150 staff. We take great pride in our achievements on nursing education with a full range of world-class undergraduate and postgraduate programmes. We have nurtured nearly 7,000 graduates; and many of them are now leaders in nursing or related fields, making remarkable contributions to health and well-being of Hong Kong population and beyond.

In addition, the School's innovative, high-impact research has been internationally recognised. Our research outputs have significantly extended the frontier of knowledge, improved health outcomes and evidence-based practices, and advanced nursing and health care development locally and internationally. In recent years, we have further extended our scope of research for which genomic and genetic nursing is a key area. We have established the first genomic and genetic nursing centre in Hong Kong to support our research in this area.

Our consistently achieving top position in the QS World University Rankings by subject - Nursing for the last five consecutive years demonstrates our consistent outstanding performance in education and research, encouraging our CUHK Nursing to excel further in the years to come. For this, we count on your continued contribution and support.

Please join us in celebrating the School's 30th birthday in 2021!
Merry Christmas and Happy New Year!



Wai Tong Chien
Director and Professor

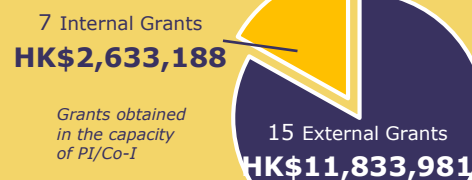
CUHK held the **88th Congregation for the Conferment of Degrees** online on 19-21 Nov & 3 Dec 2020.

CONGRATULATIONS to our **282 bachelor's, 156 master's and 14 doctoral graduates!**



Research Statistics 2020

Internal and External Competitive Grants



General Research Fund
Health and Medical Research Fund
Public Policy Research Funding Scheme
Quality Education Fund
Community Investment and Inclusion Fund...

Publications

112 Papers published in the capacity of first/corresponding author or co-author

Annals of Physical and Rehabilitation Medicine
Journal of Cancer Research and Clinical Oncology
International Journal of Nursing Studies
Cochrane Database of Systematic Reviews
BMC Geriatrics Dermatology Nutrients
Journal of Hospital Infection Psycho-oncology
Journal of Pain and Symptom Management...

65 Papers published in high-impact journals

12 keynote & invited conference presentations were delivered

New Research Grants Awarded (Grant Total: >HK\$2.58 Million)

Funding Source	Principal/ Co-Principal Investigator	Project Title	Project Period
Health and Medical Research Fund Commissioned Project	Prof. Ka Ming Chow (Co-PI)	Mothers' barriers to sustain exclusive breastfeeding in the first six months	2021 – 2022
<i>"This project aims to examine the perceived barriers and enabling factors to sustain exclusive breastfeeding in the first six months among Hong Kong mothers, assess the environmental factors contributing to breastfeeding success and improve related professional support."</i>			
NICHE Research Grant	Dr. Marques Ng (PI)	The status of hope in Chinese patients on peritoneal dialysis: A mixed methods study	2021 – 2022
<i>"Living with renal failure is a life-long journey. Although hope facilitates coping with chronic illness, limited is known about hope in Chinese patients who receive peritoneal dialysis. This study aims to evaluate the level of hope among these patients and explore what it means to them."</i>			
ETH Zürich – COVID-19 Call for Projects Grants with China, Japan, South Korea and the ASEAN Region	Prof. Connie Chong (Co-PI)	Building resilience and reducing burnout in frontline nurses combatting COVID-19	2020 – 2021
<i>"We are collaborating with a research team led by Prof. Andrew Gloster of the University of Basel to examine the feasibility of a digitally-based Acceptance and Commitment Therapy (ACT) programme for improving resilience among frontline nurses in Switzerland and Hong Kong in combating COVID-19."</i>			
Courseware Development Grant Scheme 2019-22	Prof. Janita Chau (Co-Supervisor)	Translational Platform for Addressing & Solving Social-problems (T-PASS)	2020 – 2021
<i>"The project aims to enhance students' understanding of the difficulties faced by older adults in daily life through case studies, news reports, interviews, micro-module learning and service proposal contest. University resources will be well utilised to ensure a meaningful learning experience for the students."</i>			
Courseware Development Grant Scheme 2019-22	Prof. Jojo Wong (PI)	The operation theatre inside out: 360-degree virtual tours	2020 – 2021
<i>"This project aims to enable students to learn at their own pace with the use of 360-degree videos, and help them better understand different zones (e.g. reception area, operating theatre room and recovery area) in an operation theatre in a public hospital."</i>			
Equal Opportunities Commission – Funding Programme of Research Projects on Equal Opportunities 2020/21	Ms. Pinky Lee (PI)	An exploration of the challenges and enablers of parental HPV vaccination decision for adolescent daughters among South Asian ethnic minorities in Hong Kong	2020 – 2021
<i>"This study aims to explore the factors influencing South Asian mothers' decision to vaccinate their adolescent daughters against HPV. The result will inform the design of interventions to improve the vaccination uptake among ethnic minority adolescent girls in Hong Kong."</i>			
Grant Scheme for Internationalisation of Curriculum (supported by TDLEG 2019-22)	Ms. Gigi Ling (PI)	The effect of a 4-week culture immersion course on undergraduate nursing students' self-perceived cultural competence	2020 – 2021
<i>"This course aims to enhance undergraduate nursing students' cultural competence in providing nursing care for clients of different cultures. Students will explore the relationship between culture, health and nursing through cultural exchange discussion, multicultural workshops and virtual field trips."</i>			

New Awards Received

- ❖ Prof. Dorothy Chan was selected as a runner up of the 2020 APEC Healthy Women, Healthy Economies Research Prize.



- ❖ PhD in Nursing Year 1 student Anselmus Aristo Parut received the Belt and Road Scholarship under the HKSAR Government Scholarship Fund 2020/21.
- ❖ Doctor of Nursing Year 4 student Wai Yan Cheng received the Chief Executive's Commendation for Community Service 2020 from the HKSAR Government.



Cochrane Hong Kong > Updates

The official launch of the Cochrane China Network has been scheduled to take place on 21 and 22 Jan 2021 in hybrid conference mode. To facilitate evidence-based health care practice and decision-making in China and Hong Kong with focused and more effective strategies, the Executive Committee of the Cochrane China Network is going to conduct a nationwide multi-centre survey among its member institutions to understand the role expectations and demands of health care professionals, policy makers and researchers to the Cochrane China Network. Details of the official launch and nationwide survey will be announced on the [Cochrane China website](#) and [Cochrane Hong Kong website](#) very soon.

During the COVID-19 pandemic, seven new or updated Cochrane Reviews related to COVID-19 have been published between Oct and Dec 2020 to answer the time-sensitive needs for making health care decisions with the up-to-date evidence. Cochrane Hong Kong has translated plain language summaries of these Cochrane Reviews, which are now available on the [Cochrane Hong Kong website](#). These Cochrane Reviews address the most pressing issues related to COVID-19 identified by frontline professionals, including the strategies for supporting resilience and mental well-being in frontline health care professionals, psychosocial interventions for preventing mental disorders in low- and middle-income countries affected by humanitarian crises, accuracy of thoracic imaging tests for diagnosing COVID-19, effectiveness of quarantine during the pandemic, measures for reducing aerosol production during dental procedures for disease prevention, and effectiveness of plasma from people recovered from COVID-19 to treat those currently with the disease.

Latest News and Events

<p>在疫情大流行簡期和後期提高一線醫護人員的心理彈性和心理健康 (Supporting)</p> <p>Cochrane Special Collection</p>	<p>更新的Cochrane快速綜述評估了COVID-19大流行期間檢疫隔離的有效性 (Updated)</p> <p>Cochrane Special Collection</p>
<p>COVID-19 Special Collection: evidence relevant to clinical rehabilitation</p> <p>Cochrane Special Collection</p>	<p>COVID-19治療患者的血漿對治療COVID-19患者有效嗎? (Is plasma from people)</p> <p>Cochrane Special Collection</p>