

老人科及長期護理

這小組旨在進行老化相關課題的研究，探討健康老化、老年人容易受傷及體弱等特徵之間的連續性。其三個主要研究範疇包括：1) 老年人社區護理與支援；2) 慢性疾病管理的新新方案及對非正規護理的支援；3) 加強院舍照護。為配合老人科與長期護理的需要，研究工作強調以跨專業團隊合作模式進行。



部分研究項目

影響慢性心臟衰竭年長患者的自我照顧行為之預測因素
遠距照護對慢性阻塞性肺病年長患者健康成效之影響：先導研究
互動式網上學習資料套如何影響住院長者及其家人作出有關出院後住處的決定
認知行為療法對改善社區華人長者的失眠症之成效
居家護理服務對慢性心臟衰竭年長患者之影響



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癌症及紓緩護理

這小組旨在推動循證護理知識的發展及應用，讓護士可以運用有關知識改善病患的健康狀況與生活質素，從而減輕癌症及末期疾病對全球社會造成的負擔。小組目前進行的科研項目，主題包括：兒童癌症、癌症預防與健康促進、癌症生存事宜等。



部分研究項目

網絡小組支援青少年癌症患者的可行性及成效：先導研究
探討少數族裔如何看待預防癌症的服務：對服務需求與使用之影響
華人長者參與結腸癌普查的預測因素：探討相信癌症宿命論的影響
兒童癌症康復者之健康狀況研究
頭頸癌病康復者對支援性護理的需求及未能滿足需求對其生活質素之影響



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知識轉移

這小組旨在透過科研活動/計劃，將科研成果及知識推廣至社區層面，造福市民。小組致力於公眾教育、優質健康護理及教學三方面，進行學術探討。



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部分研究項目

推廣藥物安全的跨學科網上學習平台
香港家長讓有慢性疾病的子女接種疫苗的決定過程
提升護理本科生的護理專業精神
中國內地母親的母乳哺育自我勝任感及行為表現
實踐果效為本模式：評估加強網上學習資源對提升護理本科生學習臨床護理技巧之成效

心臟病及急症護理



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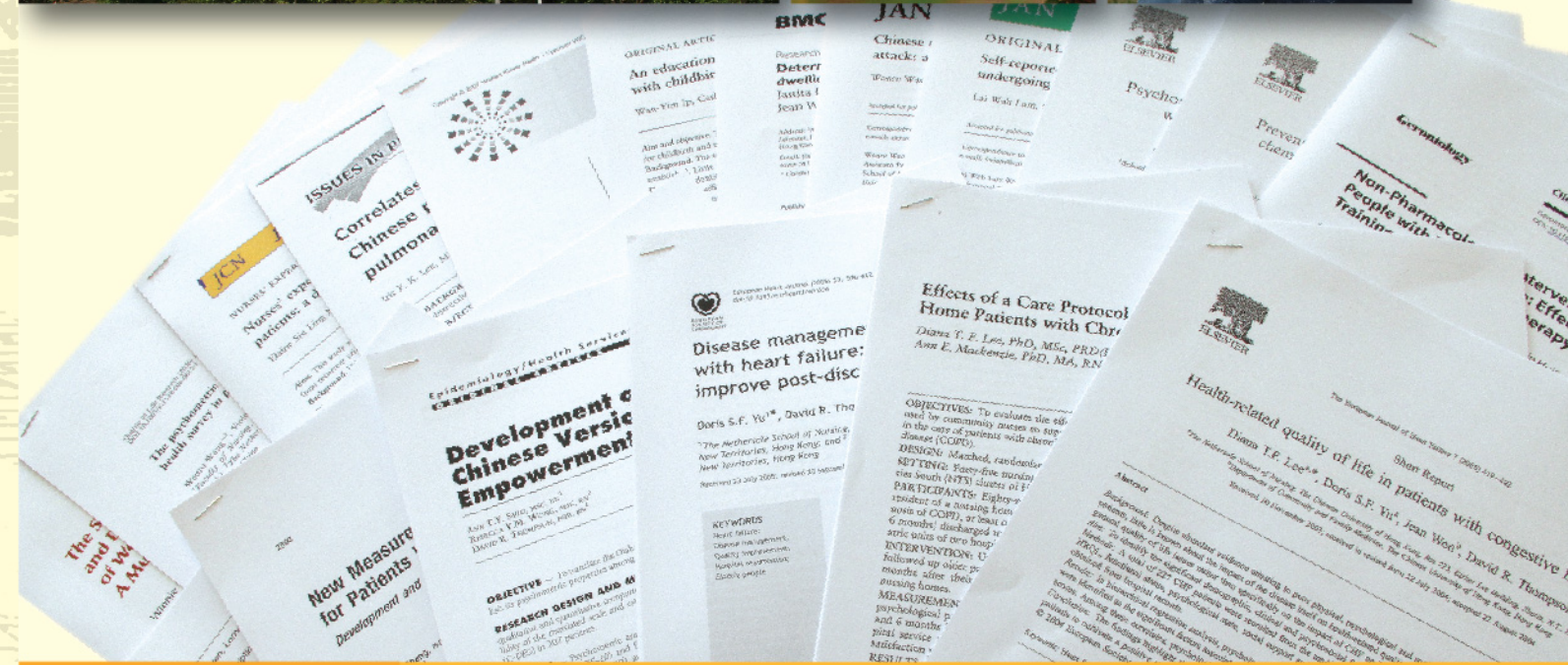
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這小組旨在發展與心臟病及急症相關的護理知識。其有關心臟病護理的研究，主要是探討心臟病患者或高危人士在預防、急性期及復康期的護理需要。至於急症護理的研究，則集中探討如何提升急性期的病人護理。為獲取最佳的研究成果，研究工作多採用跨專業團隊合作模式，並利用多媒體工具進行。

部分研究項目

強化中風病人復康護理計劃對中風後復康病人的自我管理行為及健康成效之影響
社康護理之「電子知識轉移」－冠心病與中風預防
擊退心血管疾病－網上知識轉移計劃
激勵面談法如何影響缺乏推動力的心臟復康病人之臨床成效、心理療效及健康相關生活質素
結合耳穴療法及西藥治療未受控制的高血壓



School website <http://www.nur.cuhk.edu.hk>

Mission and achievements 使命及成果

那打素護理學院積極透過卓越科研，發展護理知識，促進優質護理實踐，這是學院的重要使命。為此，學院成立四個科研專題小組，分別負責以下四個科研領域的研究：心臟病及急症護理、老人科及長期護理、癌症及舒緩護理，以及知識轉移。

過去五年，學院獲得多項研究撥款資助，總額超過港幣一億八百萬元，撥款來源包括：研究資助局優配研究金及公共政策研究補助金、衛生及醫護服務研究基金、健康護理及促進基金等。同時，學院出版大量學術論文，包括國際期刊論文超過310篇、書章30篇及會議論文340篇。

學院的教研人員多次獲香港食物及衛生局、醫院管理局、老年科及腫瘤科專業團體頒發研究獎項，表揚他們卓越的科研表現，以及在改善社區健康及促進護理科學發展方面的傑出貢獻。

此外，學院的教研人員透過傳媒報道或訪問，將科研成果及知識更有效地傳遞予社會大眾，促進市民健康。



The mission of the Nethersole School of Nursing is to excel in research so that nursing knowledge can be generated to inform nursing practice. Research effort has been synergized through the development of the four research theme groups: cardiovascular and acute care, gerontology and long-term care, cancer and palliative care, and knowledge transfer.

In the past five years, the School has obtained external competitive research grants amounting to over HK\$108 million from various funding sources including Research Grants Council General Research Fund, Research Grants Council Public Policy Research Fund, Health and Health Services Research Fund, and Health Care and Promotion Fund. In addition, the School has an impressive publication record of more than 310 international refereed journal papers, 30 book chapters, and 330 invited and peer-reviewed conference papers.

Academic staff of the School have received various scholarly research awards from the Food and Health Bureau of Hong Kong Government, the Hospital Authority, and professional organizations in gerontology and oncology, which reflects the research excellence of the School and its significant contributions to improving the health of the community and advancing the development of nursing sciences.

Besides, academic staff of the School are frequently interviewed by the media to disseminate their research outputs and healthcare knowledge to the public.



Gerontology and long-term care

The mission of the Gerontology and Long-term Care Group is to conduct research in aging which interconnects across the continuum of healthy aging, vulnerability and frailty. Its three major research priorities include i) supportive community care for older people, ii) innovations in chronic disease management and support to informal carers, and iii) enhanced nursing home care. The research work highlights the use of a multi-disciplinary framework that is sensitive to both gerontological and geriatric concerns.



Selected projects

Predictors of self-care among older adults with chronic heart failure.
The effects of a tele-care service on health outcomes of older people with COPD: A pilot study.
Effects of an interactive eLearning Information Package (eLIP) for hospitalized older people and families to make decisions about discharge location.
Relieving insomnia in Chinese community-dwelling older people: The effects of cognitive-behavioral therapy.
The effects of a home-based nursing service for older people with chronic heart failure.



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Cancer and palliative care

The mission of the Cancer and Palliative Care Group is to relieve the global burden of cancer and advanced stage diseases by increasing access to and utilization of evidence-based knowledge that nurses can employ to improve the health and well-being of people. The major topics of research currently undertaken by the group encompass pediatric oncology, prevention of cancer and health promotion, and survivorship issues.



Selected projects

Feasibility and effects of a structured web-based support group for adolescents with cancer: A pilot study.
Perspectives on cancer preventive services for ethnic minorities: Implications for service needs and utilization.
Predictors of participation by elderly Chinese in colorectal cancer screening: Exploring the mediating and moderating effects of cancer fatalism.
A survey on health status of childhood cancer survivors.
Perceived supportive-care needs and their mediating effects on the quality of life among head and neck cancer survivors.



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Knowledge transfer

The mission of the Knowledge Transfer Group is to promote research projects that extend research output and expertise for the benefits of the community. The Group promotes scholarly inquiry in three areas including public education, quality health care, and teaching and learning.



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Selected projects

Multidisciplinary e-learning platform for medication safety (MELODY).
Parents' decision making of influenza vaccination in their children with chronic medical conditions.
Enhancing nursing professionalism in an undergraduate programme.
Breastfeeding self-efficacy and behavior in Mainland China.
Achieving an outcomes-based approach: Evaluation of web-enriched resources in enhancing baccalaureate- nursing students' learning of clinical nursing skills.

Cardiovascular and acute care



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The mission of the Cardiovascular and Acute Care Group is to develop excellence in cardiovascular nursing and acute care. Research in cardiovascular care addresses the needs of patients who are suffering from or at risk of developing cardiovascular disease, including studies in preventive, acute and rehabilitation stages. For acute care, studies that promote patient care during the acute phase of illness are focused. In order to maximize the patient outcomes, multi-disciplinary and multi-media approaches are utilized in studies.

Selected projects

The effect of a Health Empowerment Intervention for Stroke Self-management (HEISS) on self-management behavior and health outcomes among stroke rehabilitation patients.
Knowledge Transfer e-Health (KTeH) project on patients who have coronary heart disease or stroke.
Fight against cardiovascular disease - An online knowledge transfer project.
The effect of motivational interviewing on the clinical outcomes, psychological outcomes and health-related quality of life of cardiac rehabilitation clients with poor motivation.
An integrated approach to treatment using auriculotherapy and Western medication for uncontrolled hypertension.