

# CU Nursing 360

## Highlights & Updates | Issue 19 December 2021

@ The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong



**Congratulations  
to all new graduates!**

For 2020/21, we have a total of **635** graduates, including:

- ❖ **245** Bachelor of Nursing
- ❖ **25** Bachelor of Science in Gerontology
- ❖ **72** Master of Nursing Science (Pre-registration)
- ❖ **101** Master of Nursing
- ❖ **5** Doctor of Nursing
- ❖ **11** Master of Philosophy-Doctor of Philosophy in Nursing
- ❖ **151** Professional Diploma in Advanced Nursing Practice
- ❖ **25** Professional Certificate in Nursing Leadership and Management



### A Special and Memorable Year 2021

Dear friends, colleagues, students, and alumni,

The end of the year is traditionally a time for graduation ceremonies. For this year, apart from our University's 90<sup>th</sup> Congregation for the Conferment of Bachelor's, Master's and Doctoral Degrees held in early November, our School also organised a virtual graduation ceremony on 16 November for our two professional nursing programmes. Congratulations to all our new graduates!



I expect our new graduates to staunchly uphold the Nethersole spirit of compassionate care even in the most difficult situations, and proactively and innovatively apply the knowledge and skills acquired from their studies to benefit patients and the community. I am glad that the majority of the graduates have joined the local healthcare sector, and most international students have returned to their home countries for practice after graduation. All the graduates, no matter where they are, are highly encouraged to stay connected with the School. We are strongly committed to maximising support for our alumni worldwide.

The end of the year is also a perfect time for reflection and counting our blessings, especially when we are celebrating our School's 30<sup>th</sup> Anniversary this year. We have successfully organised a series of anniversary events during the year, including the Community Caring Day cum CUHK Nethersole School of Nursing Alumni Carnival cum 30<sup>th</sup> Anniversary Kick-off Ceremony, the 7<sup>th</sup> Pan-Pacific Nursing Conference, and a year-long fund-raising campaign to support our School and student development. We have also published an [anniversary book](#) and a [newspaper supplement](#) to commemorate this important milestone.

All these celebratory events have achieved a great success with positive impacts on health behaviours, healthy lifestyles, evidence-based healthcare management and outcomes. Thanks for the concerted efforts of our staff, students and alumni, and the great contributions of our donors, speakers and partners in making all these possible! With your continued support, we will strive to further leverage our strengths to achieve new heights of success in the years ahead.

Surely the end of the year is also a time to relax. Christmas is just two weeks away. Let us take this wonderful opportunity to have a nice break and spend time with our loved ones. Wishing you and your family a joyful holiday season and a safe and healthy new year! Merry Christmas!

Chien Wai Tong  
Director and Professor

### 30<sup>th</sup> Anniversary Celebration Recap



**Community Caring Day cum  
CUHK Nethersole School of  
Nursing Alumni Carnival cum  
30<sup>th</sup> Anniversary Kick-off  
Ceremony (30 Jan)**



**Seventh Pan-Pacific  
Nursing Conference  
(26-29 May)**



**Giving to CUHK Nursing**



**Congratulations to Mr. Tony So (Computer Technician I) and our School team on receiving CUHK's Positive Workplace Service Awards 2021 – Individual Award & Team Award, respectively!**

## New Research Grants Awarded (Grant Total: >HK\$3.2 Million)

Funding Source	Key Investigator	Project Title	Project Period
Wellcome Trust Limited	Prof. Chien Wai Tong (Co-I)	A scoping review on the impact of work-and-life education on the stress prevention and management and stopping occurrence and relapse from depression/anxiety in migrant workers	2021 – 2022
<i>“This project aims to conduct a scoping review on the impact of work-and-life education on stress prevention and management, and stopping relapse of depression and/or anxiety in migrant workers. We will primarily focus on how anxiety and depression would affect their job and life satisfaction in this review.”</i>			
Wellcome Trust Limited	Prof. Ken Ho (PI)	Peer support and the mental health of migrant domestic workers: A scoping review	2021 – 2022
<i>“This insight analysis aims to 1) identify the types of peer support for the mental wellbeing of migrant domestic workers; 2) describe the barriers and enablers for migrant domestic workers to participate in or offer peer support services; and 3) provide recommendations on the implementation of related services.”</i>			
Wellcome Trust Limited	Dr. Laurie Ho (PI)	Empowering workplace allies for Lesbians, Gays, Bisexuals, and Transgenders (LGBT) employees for preventing psychological distress: A scoping review	2021 – 2022
<i>“This scoping review aims to examine the potential of empowering workplace allies for preventing/reducing psychological distress of lesbian, gay, bisexual, and transgender (LGBT) employees at work. The result is expected to increase employers’/stakeholders’ understanding of this approach, so as to help promote inclusivity and diversity, enhance co-worker relationships/workplace harmony, and improve LGBT employees’ psychological well-being, as well as providing recommendations for future research.”</i>			
PCF-Pfizer Health Equity Challenge Award	Prof. Marques Ng (PI)	Health inequity in sexual health services among Chinese men with prostate cancer in the public hospital setting	2022 – 2023
<i>“Sexual dysfunction is a common side effect of prostate cancer. However, sexual health remains a missing piece in cancer care. In Hong Kong, particularly in the public hospital setting, many socioeconomic and cultural factors hinder the access to sexual health services, leading to health inequity. This study aims to explore the health inequity regarding sexual health services and provide recommendations to improve the current situation.”</i>			
Health and Medical Research Fund Research Fellowship Scheme	Prof. Dorothy Chan (PI)	The effects of motivational interviewing on promoting human papillomavirus vaccination intention, initiation and completion among South Asian mother-daughter dyads: A pilot randomised controlled trial	2022 – 2024
<i>“This project aims to evaluate the feasibility and acceptability of motivational interviewing in promoting vaccination against human papillomavirus (HPV) among South Asian mother-daughter dyads, and to examine its preliminary effects on their self-efficacy, knowledge and beliefs, intention, initiation and completion of HPV vaccination.”</i>			
Nethersole Institute of Continuing Holistic Health Education Research Grant	Prof. Jojo Wong (PI)	Understanding the experience of cancer survivorship among adolescent cancer survivors and their parents through camera lenses: A photovoice study	2022 – 2023
<i>“This study aims to explore the experience of cancer survivorship among adolescent cancer survivors and their parents using a photovoice approach. The innovation lies in the fact that the camera of each participant serves as a research tool, allowing them to decide what kinds of experiences really mean to them. It adds value to the comprehensive assessment and goes beyond the traditional investigator-driven survey research.”</i>			
Nethersole Institute of Continuing Holistic Health Education Research Grant	Dr. Ankie Cheung (PI)	Musical training programme to enhance resilience and self-esteem among school-aged children from low-income families: A pilot randomised controlled trial	2022 – 2023
<i>“Child poverty is a prominent global health issue owing to its detrimental impact on a child’s physical and psychosocial well-being. This study aims to examine the feasibility, acceptability, and preliminary effects of a musical training programme in enhancing resilience and self-esteem, reducing depressive symptoms, and improving quality of life among school-aged children from low-income families.”</i>			
Courseware Development Grant Scheme 2019-22	Prof. Chow Ka Ming (Co-I)	Micro-modules and game-based learning for the radiological assessment of nasogastric tube positioning	2021 – 2022
<i>“This project is an inter-disciplinary collaboration among medicine, nursing and engineering. It aims to develop a set of micro-modules and electronic games which will be used in different disciplines to provide effective and accessible teaching to students on how to assess the position of nasogastric tubes on radiological imaging.”</i>			

## Cochrane Hong Kong > Updates



Since October, Cochrane Hong Kong has published 36 translated Cochrane Review abstracts or plain language summaries in simplified Chinese (n=33) and traditional Chinese (n=3).

All abstracts and plain language summaries in simplified Chinese are now available on the [Cochrane China website](#) and the [Cochrane official website](#), while the plain language summaries in traditional Chinese in collaboration with Cochrane Taiwan are now available on the [Cochrane Hong Kong website](#).

As a co-organiser, Cochrane Hong Kong actively promoted the Cochrane Evidence Translation and Dissemination Competition in the international context. The competition aimed to encourage simplified Chinese translation and dissemination of medical evidence. For details, please refer to the [Cochrane Hong Kong website](#).



Prof. Janita Chau, Co-Director of Cochrane Hong Kong, served as a panel judge for the First Kowloon West Cluster Nursing Symposium (4 October) and the Nursing Sharing Forum 2021 for Specialty Advisory Groups organised by the Nursing Services Department, Hospital Authority (8 October) to select the best evidence-based nursing projects submitted by hospitals/specialties. The theme of the sharing forum was ‘Towards Excellence through Evidence-based Practice’ and the projects suggested changes for quality improvement of patient outcomes, contributing to translating evidence into standards of clinical practice.