The Chinese University of Hong Kong

The Nethersole School of Nursing

Bachelor of Nursing Programme

Year Four Clinical Practice

This clinical practice aims to develop students' skills in planning and implementing individualized care for clients with significant changes in physical and mental health status in a variety of health care settings. Opportunities will be provided to develop students' ability in clinical reasoning and problem solving in different client care situations. The main focus will be on integrating and applying knowledge and skills needed for the care and promotion of wellness of clients in medical and specialty areas.

Learning Outcomes:

Students will be able to:

1. Apply a problem-solving approach in the identification and management of biopsychosocial health-related problems of clients.
2. Demonstrate the ability to perform comprehensive and focus assessment of obstetric clients, pediatric clients and clients with emergency health conditions, medical or psychiatric alterations.
3. Critically analyze health assessment data to identify problems and priorities as well as plan care.
4. Develop plans of care based on health assessment and principles supported by research.
5. Demonstrate competence in the safe and efficient performance of nursing skills in various clinical specialties, and in preparation and aftercare for investigative procedures.
6. Demonstrate effective communication with clients, their families, and health care team members.
7. Deepen critical decision-making skills in the provision of client-centered care.
8. Demonstrate the ability to communicate assessment, care planning, implementation and evaluation data by documentation.
9. Critically analyze evaluation data to review the client's nursing care plan.
10. Deepen the integration of the knowledge from applied behavioral and social science in the provision of client care.
11. Establish beginning ability to identify research topics from theoretical knowledge and practical experience.
12. Further develop critical thinking and clinical judgment from theoretical knowledge and practical experience.
13. Demonstrate the reflective skills in self and peer appraisal of nursing care.

List of clinical-related topics learnt in Year 1 to 4

Year 1
Basic communication skills
Comprehensive health assessment
Documentation & reporting of care (Admission & Discharge)
Ensure a safe and comfortable environment for care
Facilitating relief from pain
Helping the client cope with loss and grief, death and dying
Infection control, wound care and dressing techniques
Maintenance and promotion of occupational safety and health

Maintaining body temperature
Meeting psychosocial needs
Meeting safety needs
Nursing process, nursing care plan
Promoting hygiene, communicable disease
Promoting rest and sleep
Vital signs
Year 2
Activity and mobility, transfer and lifting, use of restraint
Administration of medications – oral and injection
Basic infection control measures
Basic life support (CPR)
Diagnostic procedures (GCS chart)
Fluid and nutrition, intravenous infusion
Meeting bowel elimination needs
Meeting urinary elimination needs (Catheterization)
Nasogastric tube insertion and feeding, Gastrostomy
Nutrition and dietetics
Principles of first aid
Promoting sexual health
Promoting spiritual health
Year 3
Accident and Emergency Nursing (A & E)
Alimentary system (Stoma)
Anaesthetic nursing and peri-operative nursing
Behavioural & social sciences
Communicable diseases and related nursing
Complementary and alternative medicine
Ethical & legal issues in nursing
Genito-urinary system (Bladder washout)
Gerontological nursing
Haematological system, blood transfusion
Health education and health promotion
Musculo-skeletal system, orthopedic nursing
Ophthalmic nursing
Oto-rhino-laryngological nursing
Pediatric & adolescent nursing

Public health and community nursing
Reproductive system
Respiratory system (Tracheostomy)
Year 4
Basic knowledge in conducting research in health care settings
Cardiovacular and lymphatic system (CVP)
Dermatological system
Endocrine system
Mental health nursing
Neurological system (GCS, ICP)
Obstetric nursing
Oncology nursing and palliative care
Rehabilitative nursing