The Nethersole School of Nursing
Faculty of Medicine
The Chinese University of Hong Kong

Bachelor of Nursing

香港中文大學醫學院
那打素護理學院

香港中文大學醫學院那打素護理學院多年來致力提供達國際水平的護理本科及研究院課程，積極培育優秀的護理專業人才。

本院的教育使命

提供卓越、優質的護理教育。

OUR SCHOOL

The Nethersole School of Nursing of the Faculty of Medicine at the Chinese University of Hong Kong has a proud and successful history of providing undergraduate and postgraduate nursing education on a par with international standards.

OUR MISSION IN EDUCATION

To excel in the provision of high-quality nursing education

香港中文大學醫學院那打素護理學院

護理學士課程

課程簡介

本課程旨在培育學生成為香港護士管理局的普通科註冊護士。核心科目涵蓋生物及行為科學、健康促進與維持、護理實務與理論、科研及資訊科技。學生透過在大學講師及臨床導師指導下的臨床實習，於醫院及社區環境中累積實務經驗。課程亦融入跨專業教育及虛擬實境（VR）/ 人工智能（AI）科技，營造沉浸式學習環境，貫通理論與實踐，讓學生能夠跨專業協作，提升臨床技能，並建立應對現實醫療挑戰的能力。

課程大綱*

所佔學分：

學習範圍	第一年	第二年	第三年	第四年	第五年
學院課程(醫學院)及基礎課程	10				
護理學	5	6	20	11	3
生物科學		8			
行為及社會科學		3	3		
護理研究			3		
專業課題、管理及領導			2	3	
健康促進				3	
補充和替代醫學			3		
選修科					3
臨牀護理實習		2	4	8	12
總學分	15	19	35	25	18

以及大學核心課程：中文 (5學分)、英文 (8學分)、通識教育 (19學分)、認識中國 (1學分)、國家憲制秩序與香港 (1學分)、數碼素養及計算思維 (3學分) 及體育 (2學分)

* 或會有所更改

課程結構

本課程設計完善，各學年的課程內容緊緊相扣，以幫助學生建立穩固的理論及知識基礎，培育其成為專業護理人才。課程從知識與技能培訓着手，內容涵蓋全方位護理，包括基礎護理以至為有複雜健康問題的患者提供的個人化護理。

學生須修讀醫學院「學院課程」內四個學科，以及本課程各主修科目，合共112學分。

學年	重點	學科
第一及第二年	健康之基礎	護理學的起源及發展、生物科學、公共衛生、醫院內的疾病預防及控制措施、健康評估與溝通、基礎護理技巧、醫護倫理、行為及社會科學、臨床實習
第三年	社會與健康	以社區為本的護理及老人科護理、內科及外科護理、護理倫理及法律課題、護理研究、行為及社會科學、補充和替代醫學、基本藥理學、臨床實習
第四年	個人與健康	臨床護理專科、健康促進、實證護理、行為及社會科學、醫療護理專業課題、護理資訊學、複雜健康問題及需要、臨床實習
第五年	綜合護理與健康	護理管理及領導、知識探究及多元文化接觸、臨床實習、災難護理、傳染病及其控制、文化與護理、學生交換計劃

臨床護理實習

臨床實習是本課程非常重要的一部分。實習期間，學生由講師及臨床導師指導，在不同的醫護及社會服務機構內實踐所學的護理知識和技巧：

- 社區中心
- 地區康健中心
- 長者中心
- 護老院
- 家庭醫學門診
- 幼稚園
- 精神康復中心
- 醫院不同專科，包括內科、外科、兒科、產科、手術室、深切治療部等

選修科

學生可以選擇修讀下列任何一個選修科（每科各佔3學分）：

- 災難護理
- 文化與護理
- 學生交換計劃
- 傳染病及其控制
- 應用護理與公共衛生及流行病學
- 香港醫療系統
- 護理學術專題研究
- 中醫護理
- 遺傳護理概論

於香港中文大學那打素護理學院就讀的優點

- 於國際級大學獲取護理學士學位的資格
- 本學院歷史悠久，設備完善，且與中外學術機構皆有緊密聯繫
- 教學人員及臨床導師友善熱心，有助學生積極學習
- 大學及書院生活多姿多采，學生有機會參與各式各樣的聯誼及學術活動
- 有機會參加海外交流計劃，增進對不同文化的了解，同時可以學習獨立
- 設有各類獎學金及獎項，鼓勵學生爭取卓越表現，等等……

Bachelor of Nursing

PROGRAMME DESCRIPTION

The programme prepares students for registration as general registered nurses with the Nursing Council of Hong Kong. Core studies cover biological and behavioural sciences, health promotion and maintenance, nursing practice and theory, research, and information technology. Students gain clinical experience in hospitals and community settings through supervised placements. The curriculum also features interprofessional education and VR/AI technologies, creating immersive learning that bridges theory and practice, enabling students to collaborate across disciplines, refine their clinical skills, and build competence for real-world healthcare challenges.

PROGRAMME OUTLINE*

Allocation of Credit Units:

FIELD OF STUDY	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5
Faculty Package & Foundation Studies	10				
Nursing Sciences	5	6	20	11	3
Biological Sciences		8			
Behavioural & Social Sciences		3	3		
Nursing Research			3		
Professional Issues, Management & Leadership			2	3	
Health Promotion				3	
Complementary & Alternative Medicine			3		
Elective Course					3
Clinical Nursing Practice		2	4	8	12
Total Credit Units	15	19	35	25	18

Plus University Core Requirements: Chinese (5 credit units), English (8 credit units), General Education (19 credit units), Understanding China (1 credit unit), Hong Kong in the Wider Constitutional Order (1 credit unit), Digital Literacy and Computational Thinking (3 credit units) and Physical Education (2 credit units)

* subject to change

PROGRAMME STRUCTURE

The programme is well designed and integrated across five study years to prepare students to become professional nursing practitioners with a strong foundation in theory and knowledge. Beginning with knowledge- and skill-based training, the programme covers all aspects of nursing, from basic nursing to nursing care for individuals with complex health problems.

Students are required to take four courses in the Faculty Package and all major courses in the programme, with a total of 112 credit units.

YEAR	FOCUS	SUBJECT CONTENT
Year 1 and 2	Foundations of Health	Evolution and Development of Nursing, Biological Sciences, Public Health, Preventive and Control Measures in Hospitals, Health Assessment and Communication, Basic Nursing Skills, Health Care Ethics, Behavioural and Social Sciences, and Clinical Placement
Year 3	Society and Health	Community-based Nursing and Gerontological Nursing, Medical and Surgical Nursing, Ethical and Legal Issues in Nursing, Nursing Research, Behavioural and Social Sciences, Complementary and Alternative Medicine, General Pharmacology, and Clinical Placement
Year 4	Individual and Health	Clinical Nursing Specialties, Health Promotion, Evidence-based Nursing, Behavioural and Social Sciences, Professional Issues in Nursing and Health Care, Nursing Informatics, Complex Health Problems and Needs, and Clinical Placement
Year 5	Integrated Care and Health	Nursing Management and Leadership, Intellectual Inquiries and Multicultural Exposure, Clinical Placement, Disaster Nursing, Infectious Diseases and their Control, Culture and Nursing, and Student Exchange Programme

CLINICAL NURSING PRACTICE

Clinical nursing practice is an integral part of the programme and is arranged in blocks of field practice. These blocks of clinical practice, with lecturers and clinical mentors as preceptors, aim at enabling students to apply and consolidate the nursing knowledge and skills that they have acquired in a variety of health and social care settings:

- Community centres
- District health centres
- Elderly centres
- Residential care homes for the aged
- Family medicine clinics
- Kindergartens
- Mental rehabilitation centres
- Various specialties in hospitals, including medical, surgical, paediatrics, obstetrics, operation theatre, intensive care unit, etc.

ELECTIVE COURSES

Students may choose any one elective from the following (3 credit units each):

- Disaster Nursing
- Culture and Nursing
- Student Exchange Programme
- Infectious Diseases and Their Control
- Application of Public Health and Epidemiology in Nursing
- The Hong Kong Health Care System
- Scholarly Inquiries in Nursing
- Traditional Chinese Medicine Nursing
- Fundamentals of Genetic and Genomic Nursing

ADVANTAGES OF STUDYING AT THE NETHERSOLE SCHOOL OF NURSING, CUHK

- Obtaining an undergraduate qualification in nursing from an internationally renowned university
- Studying in an established school of nursing with national and international links
- Studying in a friendly and stimulating environment, with helpful academic and clinical staff
- Engaging in a vibrant university and college life, with various social and academic activities
- Participating in overseas exchange programme to appreciate different cultures and grow as independent individuals
- A variety of scholarships and awards are available to provide incentives for excellence; and many more …

ADMISSION REQUIREMENTS

For JUPAS Admissions

The minimum programme requirements for applicants undertaking the Hong Kong Diploma of Secondary Education Examination (HKDSE) are as follows:

- Level 3 in Chinese Language and English Language; and
- Level 2 in Mathematics (Compulsory Part); and
- "Attained" in Citizenship and Social Development; and
- Level 3 in two electives (Biology, Chemistry and Physics are preferred subjects, among which the subject with the best score will be given heavier weighting).

Note: Applicants who have not taken the Chinese Language subject in HKDSE should have obtained a pass grade or above in a Chinese subject in other recognised public examinations by the University from time to time.

For non-JUPAS Admissions

Minimum Requirements:

- GCE-AL/International-AL (passes 3AL/2AL+2AS in a single sitting); or
- International Baccalaureate Diploma; or
- Recognised non-local qualification which qualifies them for admission to a university in the country/region where such qualification is originated; or
- Associate degree or a higher diploma.

In addition, applicants should have attained an acceptable level of proficiency in the English and Chinese languages. For the minimum required scores or grades in these languages, please refer to the website below:

https://admission.cuhk.edu.hk/application/non-jupas/language-requirements/

學士

入學資格

大學聯合招生計劃

透過香港中學文憑考試成績申請入學之最低要求如下：

- 中國語文及英國語文考獲3級；及
- 數學（必修部分）考獲2級；及
- 公民與社會發展考獲「達標」；及
- 兩科選修科目考獲3級（生物、化學、物理為優先考慮科目，其中成績最佳的一科可獲較高比重）。

註：未有考獲香港中學文憑考試（HKDSE）中國語文科成績的申請人，須在大學不時指定的其他公開考試中，取得中國語文科的合格或以上成績。

非聯招（本地及國際生）入學計劃

最低入學要求：

- GCE高級程度會考／國際高級程度會考（三科高級程度科目／兩科高級程度科目＋兩科高級補充程度科目合格）；或
- IB國際預科文憑；或
- 於香港以外國家/地區考獲足資入讀該有關國家/地區大學之學歷； 或
- 副學士／高級文憑學歷。

此外，申請人須具備達標的英語及中文程度。有關該等語言的最低入學成績要求，請參閱以下網址：
https://admission.cuhk.edu.hk/application/non-jupas/language-requirements/

For further information, please contact:
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